The Matariki Community of Learning (COL) are well represented in the latest rugby side to make an impact in the Bay. Donning the Hawke’s Bay Role Models in Education (RIE) strip in their first season the team, made up entirely of teachers and principals, are building an enviable culture across their profession locally using rugby as the vehicle. Connecting and providing support and growth for one and other while inspiring tamariki and their school communities.

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...continued page 3

Sally Crown

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Montessori 3-6 turns 5 and has 5 special offers for you!

20 hours FREE 1.30-5.30pm daily for 3, 4 & 5 year olds until age 6

What do you want for your child before they start school?

This is what one of our new families had to share:

From the beginning of Kupa starting Montessori 3-6, every part of his transition was fantastic. We were very happy with how the teachers awhi and manaaki not only Kupa, but also us as his parents. It made it so much easier. One teacher he became fond of very quickly was Whaea Amy Reti. She has a very warm, calm, loving and caring ahua about herself. As the Te Reo Māori teacher, Kupa became her little shadow (and still is). He’s now been there for four months, and we know we’ve made the right decision. His Te Reo and learning has progressed ten-fold and his confidence within himself as an individual is awesome! Everyday he’s there, it’s like getting a new boy come home, learning vast amounts in the four short hours he’s there. We are very excited to see his journey progress with these beautiful teachers that love and nurture him. We thank each of these beautiful ladies so much from the bottom of our hearts for the effort they put into our baby. - Aroha
Go Vote!

Standing together – Maxine and Api after a hard day’s door knocking in the ward.

With just a week to go before voting papers are delivered to your letterboxes, candidates for the two Nelson Park Ward city council positions, Councillor Maxine Boag and Apiata Tapine are urging people to exercise their democratic right and vote.

In the 2013 local body elections, only 37 per cent of the 11,500 registered voters in Nelson Park ward sent their papers in, which Cr Maxine Boag said, “leaves a lot of room for improvement!”

Although she feels the postal ballot system “disadvantages people who rent and move around,” Maxine is hoping that more voters will be participating in this election.

She believes that she and Api make up the best team to represent all the people in the Nelson Park ward.

Working as Regional Learning Co-ordinator of the EIT Maraenui Learning Centre, and living in the heart of the ward, Apiata says he was asked by the community to take on this governance role. With experience in business, public service and education, he believes representing the ward with third-term councillor Maxine, a former schoolteacher with a track record of hard work at the council and community level, will benefit everyone.

“We’re both people people,” said Api, “and the job is all about serving the people of Napier. We both have a track record of hard work at the council and community level, will benefit everyone. That representing the ward with third-term councillor Maxine, a former schoolteacher with a track record of hard work at the council and community level, will benefit everyone.”

With your support, that’s what we intend to do, working together as your city councillors.”

Find us on Facebook www.facebook.com/apiandmaxine

Do you want to make a difference in a child’s life? Do you have compassion for children and teenagers? If this is your calling and you would like more information please contact Kara.

Roopu a Iwi Trust
06 8431590, 32 Bledisloe, Maraenui, Napier

Meka Whaitiri
MP for Ikaroa Rāwhiti

Electorate Offices
Te Mātau a Maui Office
944 Heretaunga Street West, Hastings.
Ph: 06 873 3457

Wairoa Office
64 Queen Street, Wairoa.
Ph: 06 835 5090

Email: meka.whaitiri@parliament.govt.nz
www.mekawhaitiri.org.nz
www.facebook.com/Mekawhaitiri/

Housing crisis in regional NZ

Meka Whaitiri – Labour MP for Ikaroa Rāwhiti

NO one could have failed to have been moved by the stories of struggle and despair at the recent housing hui in Maraenui. One brave woman with five children revealed to the shocked audience how her whānau had been forced into living in a shed at the back of a two-bedroom property which was occupied by ten other people.

Thankfully, after the intervention of my Hastings office, we managed to secure a safe, warm home for this whānau.

My offices around Ikaroa-Rāwhiti have been working with an increasing number of people in desperate situations. I recently met with several whānau staying in motels here in Napier. One desperate mother of three showed me her diary with 60 private rental viewings over the last month, yet no offers of a home.

In Hawke’s Bay, we have lost 377 state houses since 2011, with only seven replacement homes built. The gap between supply and demand is displacing whānau all around New Zealand and placing them under unimaginable pressure and distress.

National has failed to rein in rapidly rising house prices which are excluding first-home buyers and putting heavy upward pressure on rents, failed to stop speculators buying and flicking on homes for massive profits, and failed to provide more temporary accommodation for an increasing number of Kiwis in desperate situations.

Labour, on the other hand, has a comprehensive plan to tackle the problem. We will build more affordable homes. We’ll end National’s state house sell-off and stop using Housing NZ as a cash cow, refocusing it on what it does best – looking after people in need. Whānau camping out in cars or in garages will be helped into temporary accommodation through extra funding to emergency housing providers. We will do what it takes to provide safe, healthy homes for our people.
Maraenui shops zoned for free WiFi trial

THE collaboration between Napier City Council and locally based company WASP NZ Ltd has meant the Maraenui Shopping Centre is currently zoned for free WiFi, with the area part of a trial that if successful may see the service spread further throughout the city.

Being able to access free WiFi at selected points has been a win win situation for locals and visitors alike, says council Executive Wayne Jack. There is an expectation technology should be fast and affordable, and the council is happy to help meet that expectation. “It’s important not only for our residents who have come into town but also from a tourism perspective, so people can get access to information about what’s going on in Hawke’s Bay.”

Free WiFi points include Clive Square, a section of the Marine Parade foreshore from Ocean Spa through to the Sunken Gardens, the area around Maraenui shops, Napier Library and will shortly be available at Taradale Library.

Where children can be children

Be confident knowing our Educarsers offer your child a stable and caring home away from home

Toy Troubles

If you have a child under five, chances are you’re used to the wake of destruction they create when they’re busy playing - aka - tipping the entire contents of toy boxes, cupboard and drawers over every inch of carpet they can find! It’s useful to know, all that carnage is very typical and your child is actually learning a lot during play. But when it comes time for tidying, a battle of wills is common. So remember that teaching a child that they are capable, responsible and that tidying is part of life, is not something that can be achieved in one day. Start by making ‘tidy time’ a game, like putting blocks away and that tidying is part of life, are big lessons - it’s not something that can be

October.

Community hands over new Director

Former Tamatea Intermediate Principal and Napier City Councillor Roy Sye, along with his wife Amanda are handed over to the Ministry of Education by fellow councillors and other Pukemokimoki Marae trustees at his powhiri as the new Director of Education (Hawke’s Bay / Tairāwhiti). PHOTOS/IM BOAG FACEBOOK

Tū Tangata Maraenui going strong

TWO young Maraenui-based hard-working Mums were elected onto the Tū Tangata Maraenui Trust at their AGM on 23 August. Te Aroha Papanui-Hunt, who works for the HB DHB, and Mokonui Gardens co-ordinator Chrissie Edwards both put their hands up to replace retiring trustees Kiriti Moore and treasurer Paul Bailey.

The chair, deputy chair and other table officers for 2016-17 will be decided by the seven-member trust at their first meeting, but last year’s Chairperson Minnie Ratima said she “excited that we have a very pro active team, all dedicated to supporting positive Maraenui initiatives. Making closer links with other Maraenui not for profit groups is something else we hope to achieve.”

As well as Chrissie and Te Aroha, Tū Tangata’s 2016-17 trustees are Minnie Ratima, Valentine Irwin, Maxine Boag, Gaylene Kiripatea and Mary Mohawk.

OPINION
FIRST VIEW ON ELECTIONS

DONALD Trump is currently a household name due to his bid to become President in the United States. Although controversial, Trump’s campaign has drawn attention from a new generation of voters. His outlandish statements and fly-away hair have managed to gain him primetime media and internet coverage, and could quite possibly be his key to the White House. Trump’s campaign has spread past the usual voting population and onto to a new audience of ‘millenials’, setting an example of what we want and don’t want, for our own government.

With local elections coming up, politicians are out in full force promoting their ideas and campaigns-although not in the same style as Trump- trying to entice us to get involved in the political process that directly affects our communities.

In a recent article in Hawke’s Bay Today, Napier City Councillor Maxine Boag spoke about the recent rise in voter turnout for the amalgamation referendum 10 months ago. According to the electoral office, across Napier, 18 to 24 year olds made the poorest showing in enrolments, leaving 1,000 young people off the voters’ list. It makes me wonder whether voter turnout will increase in October’s local elections.

When elections roll around, I will be getting out my voting papers and having my say, and you should too. The best way to make sure your voice is heard in your community is to vote. Let’s keep democracy alive, and have our say this October.

TOP TIPS FOR FIRST TIME VOTERS:

• ENROL!
Check you are on the Electoral Roll by ringing 0800 36 76 56 or online www.elections.org.nz/voters/enrol-
check-or-update-now. Your postal address must be correct to get your voting papers.

• READ UP ON LOCAL CANDIDATES
Read about who you are voting for, and what they want to achieve if they are elected www.napier.govt.nz/assets/Documents/Local-Elections-2016-Instructions-and-Candidate-Information.pdf.

• FIND OUT THE RESULTS!
Voting period is between September 16th and October 8th, with final results released on Between 13 - 19 October.

More information can be found online here: http://www.napier.govt.nz/our-council/elections/local-body-elections/.
Sally Crown

TAUIRA INSPIRE
MASTERCIND CHAMPION

He may be 2016 Mastermind champion or “the brainiest fulla in New Zealand” as paraphrased by one of his students, but at Te Ara Hou Kura Kaupapa Māori School William Barnes is affectionately known as Matua Willy. He has taught at the school for four-and-a-half-years, his first posting in a kura kaupapa and teaches English in the kura tuarua (secondary school).

Tauria (students) had no idea he had entered the competition. Their first hint came the Friday before his appearance in the heats. “He told us to watch channel one on Sunday at 7:45pm,” explained Year 12 student Wayne Nuku. He was top scorer in his heat. During the semi-finals there were a few nerves from his students. “We were hoping he would do well and not bomb,” said Tairea Thompson.

They were surprised at his depth of knowledge. “I didn’t know he knew so much about sport,” said pupil TJ Daley. His class felt that he had an advantage with his understanding of Te Ao Māori too, but like to remind him of the now infamous ‘Prince Tui Teka question’ where he didn’t recognise the well-known “E Ipo”. Tauria agree that once past the semi-finals they all thought he would win and they were excited to see his Koiri House shirt being worn for the final. “It was a great way to acknowledge our school and community,” the champion said.

Matua Willy’s key tactic was speed. He aimed to get through as many questions as possible, sometimes squeezing in one or two more into his 90-second round than his opponents. Training not to get nervous ‘in the chair’ was another strategy he worked on.

The famous ‘Mastermind Chair’ has been delivered and had a visit to the school. When asked if Matua Willy has inspired them, I am met with a room full of nodding heads. He is quick to jump in, “The kids inspired me. Tairea is going to Arizona on a baseball scouting trip soon. TJ went to the Waka Ama World’s. They work their butts off. I’ve learnt a lot from them about having a passion and following it.”

Pilot City Awards 2016

THE Napier Pilot City Trust have once again been awarded to exceptional people in our community.

Held August 25, at the Napier City Council Chambers, ten recipients were honoured, selected for their amazing aptitude, voluntary work, overcoming adversity and disability and special contributions to their community.

It is the second time one has been awarded posthumously, with Maraenui Rugby & Sport’s Association stalwart Roger Aranui being recognised.

RECIPIENTS ARE:

- Roger Aranui (dec’d), Maraenui Rugby & Sport’s Association and community
- Brian Collins, St Vincent de Paul
- Trish Coyle, William Colenso BOT
- Marcia Crawford, Pukemokimoki Marae
- Guy Harrison, Crippled Children’s Society
- Mary Mohawk, City Rock Church
- Jo Radley, Maraenui Community Council Trust
- Stephanie Swannell, Limitless Hope
- Tiana Swannell, Limitless Hope
- Dorothy Waitoa, Maori Women’s Welfare League

My health, my body, my future
Take care, have a regular smear

Are you overdue for your cervical smear?

Regular three year cervical smears are a women’s best protection against developing cervical cancer.

Having a regular cervical smear is recommended for all women aged 20 to 70 who have ever been sexually active.

Don’t put it off any longer

Contact your health professional

DO IT FOR YOURSELF AND YOUR WHĀNAU

Ask your Doctor or Nurse or freephone

00 729 729

www.nsu.govt.nz

Grant supports wellness through waka ama

Sally Crown

THERE are some bright new additions to Matua Ian Matehe’s waka ama gear thanks to his successful grant application to Anahera o te Rangi Charitable Trust.

The $2,000 grant has allowed him to purchase 18 new life jackets to keep paddlers safe out on the water. Fully adjustable, these jackets will fit anyone 10-years and up. Perfect for the many groups he facilitates including working with organisations such as Blue Light (NZ Police), Hayseed Trust, Whatever It Takes (WIT), Maraenui Motivators, Taivhenua ki Heretaunga and various school groups.

Driven by the example of his father, who used reiki as a mode to heal and help people, Matua Ian’s skill-set was on the water. He has no doubt that this too has the ability to heal and assist. All of the time he spends coaching and facilitating is done free of charge, showing his commitment to helping others and changing lives.

Anahera o te Rangi Trust was established in 2014 and raises funds through the annual “Battle for Life” charity boxing event. They look to support projects that focus on reducing the instance of suicide in our communities. It was a good fit for Matua Ian given a number of the groups he works with focus on enhancing mental wellbeing.

There are lots of people doing amazing things,” explains trustee Jeanette Cooper. “The trust removes barriers by dispersing funds to those who may not be eligible for other grants due to lack of an ‘official’ structure.”

Last year’s event raised more than $20,000 to be used in suicide prevention, an area Matua Ian is serious about. “I’ve lost a number of whānau to this sickness including a workmate who had the potential to amongst the top corporate waka ama teams in Hawke’s Bay,” he says.

In the meantime he is still out there using the power of water to soothe, rehabilitate and exercise. “His dedication to health and wellness for whānau and the passion as well as time he’s put in, has resulted in fantastic outcomes for those who take part,” says Jeanette.

Battle for Life is happening again - Saturday 17 September at the Hastings Sports Centre to raise more money for community Projects. For more information, contact Theresa O’Brien on 027 697 935.
UPCOMING EVENTS

Over the coming months your marae will be host to a number of schools both locally and from outside of Hawke’s Bay, birthdays, an unveiling, a group of pākeke, a wedding and Iron Māori contestants. If you wish to participate in any of these events, as a volunteer on the marae then make contact and let’s see – you know the saying “many hands make light work”.

The 23rd Te Matatini national kapa haka festival will be held in Kahungunu Hawke’s Bay 22-26 February 2017. This festival will bring an influx of 30,000 spectators and 2,000 performers. It requires coordination of venues, accommodation, security, staging, and broadcasting and of course the training of a volunteer workforce.

Although we are five months out from this major event, accommodation is already scarce with groups and visitors now approaching sports clubs and halls for accommodation options.

Pukemokimoki Marae will host a competing team and their support crew. This involves ensuring they are well catered for, secure and that they are guaranteed an uninterrupted stay on the marae.

Te Matatini brings a great opportunity to showcase Ahuriri, Heretaunga and for Pukemokimoki to provide manaakitanga to our guests.

MANAAKITANGA FOR TE MATATINI

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Who will dry the dishes – of course tītara can be replaced with any object.

CONVERSATION 1:

Hoatu te [tītara] ki a Connie
Give the [tea towel] to Connie

Kao, hoatu te [tītara] ki a Marcia
No, give the tea towel to Marcia

Èe homai
Yes give it to me

CONVERSATION 2:

Kei hea te [tēpu]?
Where is the [table]?

Kei konei te [tēpu]
The [table] is here

CONVERSATION 3:

Kei hea a [Tiwana]?
Where is [Tiwana]?

Kei konā a [Tiwana]
[Tiwana] is over there

CONVERSATION 4:

[Jean] joati te [tieki] ki a [Sonny]
Give the [flag] to [Sonny]

Kei a wai te [tieki]?
Who has the [flag]?

Ka pai
all good

LIST OF COMMON WORDS AROUND THE MARAE

Tēpu – Table • Tūru – Chair • Kapu – Cup
Pereti – Plate • Nahi – Knife • Pune – Spoon
Whāka – Fork • Wai wera – Hot water • Tote – Salt
Wai makanī – Cold water • Tikera – Tea Kettle
Whakatōhi – Toaster • Umu – Oven • Pepa – Pepper
Pata – Butter • Phikete – Biscuit • Aniana – Onion
Paroa – Bread • Riwai – Potato
Kārīki – Garlic • Arani – Orange
Āporo – Apple • Panana – Banana

Pukemokimoki Marae Coordinator Angela Houkamau:
Phone: Coordinator: 0272 643524 or Marae 06 843 8707
Email: pukemokimoki@gmail.com Web: www.pukemokimoki.co.nz

PUKEMOKIMOKI MARAE TRUST
Find us at 191 Riverbend Rd, Onekawa, Napier 4110

» LEFT: Pōwhiri for our visitors from the Chinese Baptist Church
» BELOW: Māori Warden Wanaanga – Tiwana and team sharing their knowledge of the marae
» Happy participants

» ABOVE: Pot luck dinners are always a hit
He Ngakau Hou - A New Heart - Maraenui’s Community Newspaper

Edited by Carwen Jones, Year 13, William Colenso College.

Ngāti Kahungunu will be hosting Te Matatini, the world’s largest Nā Piki Ratapu, Year 8, William Colenso College.

Tickets will be for sale closer to the date. You can also be a part of the responses will be kept in Te Reo. An English translation of the questions asked, is provided.

In total, 48 teams will compete, including four from our region: Te Rerenga Kōtuku, Ngāti Ranginui, Ngāti Kahungunu ki Heretaunga and Tamatea Kōtuku, Ngāti Kahungunu, heoi kai konā mātou whānui hoki. The festival has been running since 1972, and is the second time it has been held every two years, each time hosted by different iwi, elite kapa haka performers come together from around New Zealand and Australia to compete for title of national kapa haka champion.

The competition will run over five days from February 22 to 26, starting from 9am. Kōtuku, Ngāti Ranginui, Ngāti Kahungunu ki Heretaunga and Tamatea Kōtuku, Ngāti Kahungunu Profiles

PHOTO SUPPLIED: Te Rerenga kōtuku

PHOTO SUPPLIED: Tamatea Arikinui

He Ngakau Hou will be doing a series profiling the teams from Ngāti Kahungunu who are competing. To stay true to the essence of the competition, the responses will be kept in Te Reo. An English translation of the questions asked, is provided.

Tickets will be for sale closer to the date. You can also be a part of this great event by becoming a volunteer. For more information go to: http://www.tekahuoteamorangi.com/#/be-involved/tmjho.

Nā Piki Ratapu, Year 8, William Colenso College.

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In total, 48 teams will compete, including four from our region: Te Rerenga Kōtuku, Ngāti Ranginui, Ngāti Kahungunu ki Heretaunga and Tamatea Kōtuku, Ngāti Kahungunu, heoi kai konā mātou whānui hoki. The festival has been running since 1972, and is the second time it has been held every two years, each time hosted by different iwi, elite kapa haka performers come together from around New Zealand and Australia to compete for title of national kapa haka champion.

The competition will run over five days from February 22 to 26, starting from 9am. Kōtuku, Ngāti Ranginui, Ngāti Kahungunu ki Heretaunga and Tamatea Kōtuku, Ngāti Kahungunu Profiles

PHOTO SUPPLIED: Te Rerenga kōtuku

PHOTO SUPPLIED: Tamatea Arikinui

He Ngakau Hou will be doing a series profiling the teams from Ngāti Kahungunu who are competing. To stay true to the essence of the competition, the responses will be kept in Te Reo. An English translation of the questions asked, is provided.

Tickets will be for sale closer to the date. You can also be a part of this great event by becoming a volunteer. For more information go to: http://www.tekahuoteamorangi.com/#/be-involved/tmjho.
On August 1, 32 of our tamariki from Years 3-8 represented the kura at the annual Tough Guy, Tough Gal event held at Clifton Station, Cape Kidnappers. They joined tamariki from across Hawke’s Bay with 1,100 competitors taking part.

Years 3-4 competed over 1.8kms and the older ones battled across 3kms of amazing obstacles. Waist deep mud, wall climbs, tunnels on their pukus, a beach run and even crawling through an electric wire maze. Once again our tamariki excelled with everyone pushing through, refusing to give up and completing the whole course – Ka mau te wehi!

A special mention to our awesome parents for assisting with transport, to Matua John and Whaea Fran who cooked our barbecue and our PTA group for their support too.

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### Obstacales No Sweat for Tamariki

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Layla Christison, Year 8 William Colenso College student interviewed Lennox Winitana about her recent second overall placing in the English category of this year’s regional finals of Ngā Manu Kōrero speech competition.

First held in 1965 and originally called the Korimako Contest, the competitions are an annual highlight for young Māori orators across New Zealand. Lennox delivered two speeches at the regional final held June 10 at Pettigrew Arena. One was impromptu – presented with little time to prepare - in which she placed second and the other was prepared in advance with the topic chosen from a list provided by competition organisers. For this, Lennox selected “To teach me you must know me,” and paid homage to a number of former Manu Kōrero winners in her speech and placed first. Whaea Henrietta says, “It’s a wonderful achievement and the first time a student from our kura has placed at this level of Manu Kōrero.”

How did you get involved in Manu Kōrero?

Three years ago I was doing debating for school (William Colenso College) when my Te Reo teacher, Whaea Henrietta approached me and asked me to participate in Manu Kōrero. The first two years were really hard and I almost didn’t do it again. If it wasn’t for my Nan and Whaea I probably wouldn’t have done it this year but I decided to learn from my past experiences and have another go.

Why did you choose ‘To teach me you must know me’ as your topic?

It was my Nan who chose the topic actually. I was at home thinking about Manu Kōrero and I said to my Nan, ‘would you do the honour of choosing my topic Nan?’ She looked through the 10 topics and chose it so I could learn about other people and how they influence me.

How did you develop your speech - who helped you?

I started writing my speech at the beginning of term 2, with my Nan helping me lots. She was my main inspiration and the topic gave me lots to think about. I continued to develop my speech up until the night before the competition. I completed and memorised the speech overnight as the use of cue cards means you get 10 points deducted.

Your speech talked about a few significant Māori figures. Who did you relate to most?

Speaking about past Manu Kōrero winners who were inspired by their Nans or teachers, the one I would relate most to would probably be Pei Te Hurinui Jones for whom the Senior Māori section is named.

What do you think the reasons for your success were?

Believing that I could do it, having good focus and watching others who performed before me all helped. It was good knowing everyone is feeling the same - nervous! My last two Manu Kōrero experiences were the biggest help. I reflected on the feedback from teachers and judges and put my speech together based on that. I think it really helped me to win ‘best prepared.’
Scottish visit combines sport and culture

ON August 4 the two top rugby teams from Merchiston Castle School, Edinburgh, Scotland played some invitational games against the junior and First XV Ahuriri rugby teams, made up of students from Tamatea High School, William Colenso College and Te Ara Hou. Between rugby, bagpipes and the haka, it was a cultural as well as sporting exchange.

It is compulsory for all students at Merchiston Castle School, a private boys’ school, to play rugby and the traveling teams were their top-two teams for the 2017 season. Playing in Napier just six days after arriving in Aotearoa they were blown away by the level of warmth and hospitality William Colenso College and Tamatea High School had provided. Merchiston Manager Roddy Dean says, “It’s the best experience our boys could have.”

The Merchiston teams won all their games on their New Zealand tour including fixtures against McLeans College-Auckland, Wainuiomata High-Wellington and St Andrew’s College-Chirstchurch.

VIRAL CHALLENGE FEEDING KIDS

After seeing a post on Maraenui Donations Facebook page calling for supplies and volunteers to make school lunches Joseph Wiparata leapt into action. Following discussions with whānau he decided to launch a challenge on Facebook. They would post a short video of themselves making sandwiches and nominate the next person. Similar to already popular “awareness raising” challenges but with a tangible action that makes a difference in their own back yard.

“The Feed the Kids” challenge has gone viral. “We have people waiting and wanting to be nominated,” explains Nadeene Wiparata one of the original nominees. Their videos have been viewed a combined 1500 times in only couple of weeks.

The idea is being expanded on with Nadeene planning “Leaps & Beats for Nui Peeps”, a disco event for primary-aged children where all proceeds will go directly to buying supplies to keep lunches being made and distributed free to tamariki that need them.

She is currently looking for support from the community and local businesses to donate refreshments and giveaways for the event. “We want it to be a positive experience for the kids and the only cost involved to them is the gold coin entry.”

With Maraenui Sports providing the venue free of charge and DJ BMC on board it’s shaping up to be a great event. If successful, Nadeene plans to run a series of discos to sustain the Feed the Kids challenge and bolster the work of groups like Maraenui Donations.

She’s delighted to have heard from schools that people who have seen the challenge but not been nominated, have already spurred into action. “Don’t wait to be nominated. Just get the stuff, make the lunches and drop them off,” she says.

Leaps & Beats for Nui Peeps (L.B.N.P) is set for Friday September 23. Check out the panui on page 7 and if you can help in anyway contact Nadeene on 022 094028 or 843 3393.

VIRAL CHALLENGE FEEDING KIDS

Sally Crown

Leaders Inspire next generation

Beginning in the second term, the William Colenso College (WCC) senior leadership group have been going into five local primary schools running workshops in sport, cultural, academic, dance or drama. The aim is to inspire children to get involved in a group setting, learn new skills and build relationships.

“We hope that by being an active member of our wider primary school community we can help inspire the children to strive to be the best they can, and to always work towards their dreams,” said Dylan Simonsen, Deputy Head Boy.

Further developing the leadership group itself is a positive outcome for the programme. With Year 12 students being supported by Year 13 students to step-up and hone their leadership skills.

Leaders are enjoying the programme, with many revisiting and reconnecting with primary schools they attended and showing the next generation how they continue to apply the skills and values learnt in those schools. Sessions are inclusive, designed to cater to everyone regardless of skill level. Maraenui Bilingual School student George says, “It was mean as, we got to do the running man!” and Destiny stating, “It was fun doing the dance and playing the game [of pukana].”

WCC Principal Daniel Murfitt commented, “This initiative is completely student-driven, from the planning, implementation and review, it has built students’ leadership skills and confidence in working with people they don’t know. And it also brings communities closer together.”

The senior leaders also wanted a way to strengthen WCC’s relationship with the Maraenui and Onekawa community. “We wanted to build this relationship to help show what William Colenso College has to offer, portraying examples of many experiences available through being involved in the school. We also wanted the children, if they’ve decided to attend our school, to feel like they already know students and in turn feel less apprehensive,” said Jade Schofield, Cultural Leader.

It is hoped that these relationships and connections result in new junior students transitioning into the college feeling comfortable and confident, already knowing older students. “We want them to be able to approach older students without worry. To ask questions and express themselves without fear of being judged,” Jade adds.

By Savanna Hiha and Courtnee Ryder, Year 13 students, William Colenso College.
Scootering sees Sean soar

Sally Crown

LOCAL boy Sean McFarland (17) has been scootering since he was a student at Tamatea Intermediate School. What started out as “something fun to do” has morphed into a sport that he has excelled in, this year coming third in the New Zealand Scooter Championships open division.

For the last four years his sport has taken him around the country including competitions in Wanaka and he has a sponsorship deal with Maddgear-MGP who provide him with free scooters, clothing and protective gear in exchange for promoting their brand online and at skate parks nationwide.

Maddgear - MGP discovered Sean through his videos on YouTube and he was at first a part of their Flo Rider team that develops school-aged talent, before moving into the Pro team about 18-months ago. “It’s a great sport for those still at school because you’ve still got time to put it into after hours,” says Sean.

He is dedicated to the sport and encourages others who are interested to head down to the park and practise, “even if you’re on your own.” He suggests setting goals for learning new tricks and using the large number of videos online, including the Maddgear YouTube channel, to study and learn.

Sean’s long term goals include competing in a Scooter World Championships, which for the last two years has been held in Barcelona Spain, and potentially make an X-games.

Aside from scootering, skateboarding and BMX he’s interested in cars and engineering - something that he’s considering studying locally in the future.

Maraenui home to Napiers’ only women’s league team

Sally Crown

THE Maraenui Phoenix women’s rugby league team has risen from the ashes with Maraenui Rugby & Sports Association playing home to the only Napier based team in this years’ competition.

It’s been five years since the club had a women’s league team. “I wanted to establish a team last year but we just didn’t quite get the numbers,” explains co-manager Kelly-Jo Kiripatea. This year was a different matter with a core group of women’s rugby players putting their hand up to get involved in the other code and a management team which includes Kelly-Jo, her husband Albert, Peter Hooper and Sarah Brown, who has come across from Omahu to help strengthen and develop the region-wide, eight team competition.

Many of the players are mothers and are able to bring their tamariki along for training. The older ones are encouraged to run around with their Mums while the younger ones can be looked after inside the clubrooms by members of the management team.

“It’s fun and with netball and rugby finishing up for the season it’s a great way for whānau to stay active. All you need are boots and a mouthguard,” says Kelly-Jo.

The only other requirement is time and effort relating to fundraising. To date, the competition association fees have been paid and now they only need to cover the club fees by running a hangi. “We try to make it as easy as possible for our whānau to afford to be involved.”

They have 17 registered players and invite others to join them Tuesdays and Thursday nights from 6:00pm at Maraenui Park on Waterworth Ave.
Creating a good foundation – Supporting whānau from babies to teens

Te Kupenga Hauora – Ahuriri

Our Vision - A healthy, strong, well-informed Community

Are you a smoker? Do you want to stop?

Te Kupenga Hauora – Ahuriri provides a range of free services to assist whānau with children throughout the stages of life, from pepi (baby) to rangatahi.

These services are able to work together, or with any others across the organisation, often sharing information or partnering up to ensure the best possible support is given and whānau are empowered.

FAMILY START

The Te Kupenga Hauora – Ahuriri Family Start team can begin supporting whānau prior to pepi’s arrival. They can work with whānau until children are up to 5 years old.

Family Start Community Support Worker Megan Wall urges parents to talk to them before baby comes. “We are well resourced to come into the home and help them get prepared.” Safe sleeping, legal transportation and strategies for dealing with their newborn or family dynamics following birth are all things they help whānau with.

“We always respect a family’s culture”, points out Family Start Community Support Worker Silla Momoisea, “For example some cultures like to sleep with baby in their bed. We know this is not safe. We share the information, explain risks but respect the parent’s decisions. Sometimes it can take a little while to convince them but most come round in the end.”

Smokefree homes are a big part of creating a healthy home environment for pepi and tamarki and the Family Start team partner with Te Kupenga Hauora – Ahuriri’s Aukati Kai Paipa (smoking cessation) Workers to help parents quit.

Providing a good foundation, early in a child’s life is the core of the service. Megan sums it up, “It’s about giving confidence to parents and whānau so they have healthy, safe and well cared for babies and tamarki.”

“Sometimes they aren’t living at home or being supported by family,” explains Youth Worker Lynelle Riley, “we can come in and help them with understanding their obligations and their situation.”

For those receiving benefits there are a number of obligations involved. “Sometimes they aren’t living at home or being supported by family,” explains Youth Worker Lynelle Riley, “we can come in and help them with understanding their obligations and their situation.

They also have great knowledge and relationships with local education providers including secondary schools, private training establishments and courses so they can help young people get back into education.

The broad age-group of colleagues in the Youth Service team creates a diverse pool of perspectives to draw on which helps them to understand how best to support the youth they work with. This extends to how they communicate with rangatahi opting for Facebook and more recently Snapchat, something that has been a learning curve for some of the older team members. “We’re always refining what we do and we’re open to anything that helps us help them achieve better outcomes,” says Lynelle.

The Family Start and Youth Services support are FREE. For more information contact Te Kupenga Hauora – Ahuriri on 835 1840 or search for TKHA Youths on Facebook.

Self determination and Family Start

Over a period of three years Keri Biddle’s life spiralled out of control, “I was in a terrible place. Everything about my life was crap. My relationships, I’d lost my kids, I was living out of my car, struggling with addiction, I had no self respect,” she shares.

Life has changed for the mother of four due to her self determination and as a result of the support she’s received from services like Family Start. Referred by her midwife Keri has had Te Kupenga Hauora – Ahuriri’s Triphena Barlow ‘on her side’ since she was five months pregnant with her now two-month-old daughter Willow.

“I’m glad I got Triphena. I trust her. She’s helped me re-learn everything I needed to about having a baby and she’s reinforced the good things I’m doing,” says Keri. To keep her on track with her progress Keri works with a number of different services however feels there’s something special about the relationship and way Triphena is able to awhi (help) her. “She really listens. We connect so well and I can talk to her without feeling judged.”

During the first six weeks working together Triphena and Keri met up weekly preparing for baby’s arrival and putting a plan together. They now catch up twice a month and will continue to until Keri feels comfortable. “Keri is an awesome mother. Her drive to change for her children and herself is amazing. She’s also very generous,” explains Triphena. Keri and a friend set up a Facebook page ‘Hawke’s Bay Gifting Jems’ which connects free goods with those who need them.

Currently studying for a level 4 Mental Health and Addiction Certificate at EIT Keri has resolved to use her experiences to try and inspire others. With her older girls living with whānau in Palmerston North part of Keri’s long term goals are to all live together again sometime soon. “I still have bad days but I feel so much better about myself and about my future. Willow is such a good baby and I’m sure it’s down to my state of mind, when I was carrying her and now.”

FREE Family Start support is available to expecting mothers from 3 months of pregnancy until the baby is 12 months old. Whānau can remain in the programme until tamarki start school. For more information contact Te Kupenga Hauora – Ahuriri on 835 1840.
Licence just the ticket – William’s reward

Sticking to the plan and following through has seen William Keeffe (18) notch up some recent wins. Supported by Te Kupenga Hauora – Ahuriri’s Youth Worker Janet Groube and Sergeant Mel Leonard he is making real, positive progress in his life.

William came to Te Kupenga Hauora – Ahuriri as a NEET (Not in Employment, Education or Training) client. School hadn’t been a good fit for him and his choices and lifestyle were getting him into trouble including getting fines for driving without a licence. Motivated by his Nan, “with a slipper in her hand” he jokes, William decided to get himself sorted and contacted Te Kupenga Hauora – Ahuriri for some help. He impressed Janet from the start. “William did whatever he needed to do. I checked up with him every couple of weeks and each time he’d completed whatever had been on his list,” she says.

Impressed with his progress Janet wanted to reward his commitment. She contacted Sergeant Mel Leonard – Iwi Liaison Co-ordinator New Zealand Police about accessing the driver licensing programme through the Blue Light Trust. “William had proven to be reliable. As he did with Janet he’s come along quietly and done what’s needed,” adds Mel.

Under Mel’s guidance he successfully passed his Learner’s Licence and through the programme will receive two technical driving lessons and is booked in and paid for to sit his Restricted Licence later on this year. The programme focuses on preventing young people from incurring debt from fines, building relationships in the community and working in partnership with community providers like Te Kupenga Hauora – Ahuriri. It is hoped that Te Kupenga Hauora – Ahuriri will be able to offer this opportunity to more youth in the very near future.

As for William, with a licence and qualifications he’s “looking forward to the future. “Next on my plan is to get an apprenticeship.”

Winston Halbert and Nanny Kate Halbert enjoying the recent Art Deco themed Kahu Pākeke event. This group meets monthly and helps to alleviate the issue of loneliness in older people who often live on their own.

Licence just the ticket – William’s reward

• Call your pākeke on the phone at least once a week – just five minutes is all you need.
• Drop in and visit them if you can’t, arrange for someone nearby to pop in and have a cup of tea or catch up.
• Ask them if they are lonely. Sometimes it’s difficult for someone to admit they are lonely. If they say yes you can share ideas and thoughts around how you think they may be able to cope.
• ADVICE FOR PĀKEKE
  • You call them! Some of our pākeke sit and wait for whānau to get in contact and don’t want to ‘bother’ them by getting in touch. Don’t worry about that, just call.
  • Exercise. Even if it’s just a walk around the block once a week with a friend. Exercise will help you feel better.
  • Join a group. Our Kahu Pākeke group meet monthly and we are able to transport members so they can come together for a morning together.
  • Other services such as Age Concern offer a range of activities and outings for older people too.
  • If you’re feeling lonely or are concerned for a pākeke you know then you can contact Te Kupenga Hauora – Ahuriri on 835 1840. For more Kahui Pākeke, Wahine Toa and Tāne Toa dates refer to our ‘Upcoming Events’ below.

Combating loneliness in our pākeke (elderly)

ADVICE FOR WHĀNAU

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Our Services:

How we can help YOU and YOUR whānau

We offer a range of health and social services for the betterment of our community. We are mobile and can come to you if needed and don’t forget that these services are FREE. Contact us on (06) 835 1840 or visit www.tkh.org.nz for more information. As well as our usual services, we can offer you specialist care at our Ear, Nose and Throat Clinic.

• Askatu Kai Papia (smoking cessation)
• Community Nursing
• Dental Health Educator
• Family Start
• Kia Piki Te Ora Suicide Awareness/Prevention
• Managing Your Health Programme (Stanford Training)
• Mobile Primary Nursing
• & Health Promotion
• School-Based Nursing
• Social Workers in Schools
• Whānau Youth Services

UPCOMING EVENTS

SEPTEMBER
Wednesday 7 - Wahine Toa (10am-12pm).
Wednesday 21 - Kahui Pākeke (9am-12pm).

OCTOBER
Wednesday 19 - Kahui Pākeke (9am-12pm).
Wednesday 21 - Kahui Pākeke (9am-12pm).

NOVEMBER
Wednesday 9 - Tāne Toa (10am-12pm).
Wednesday 16 - Kahui Pākeke (9am-12pm).