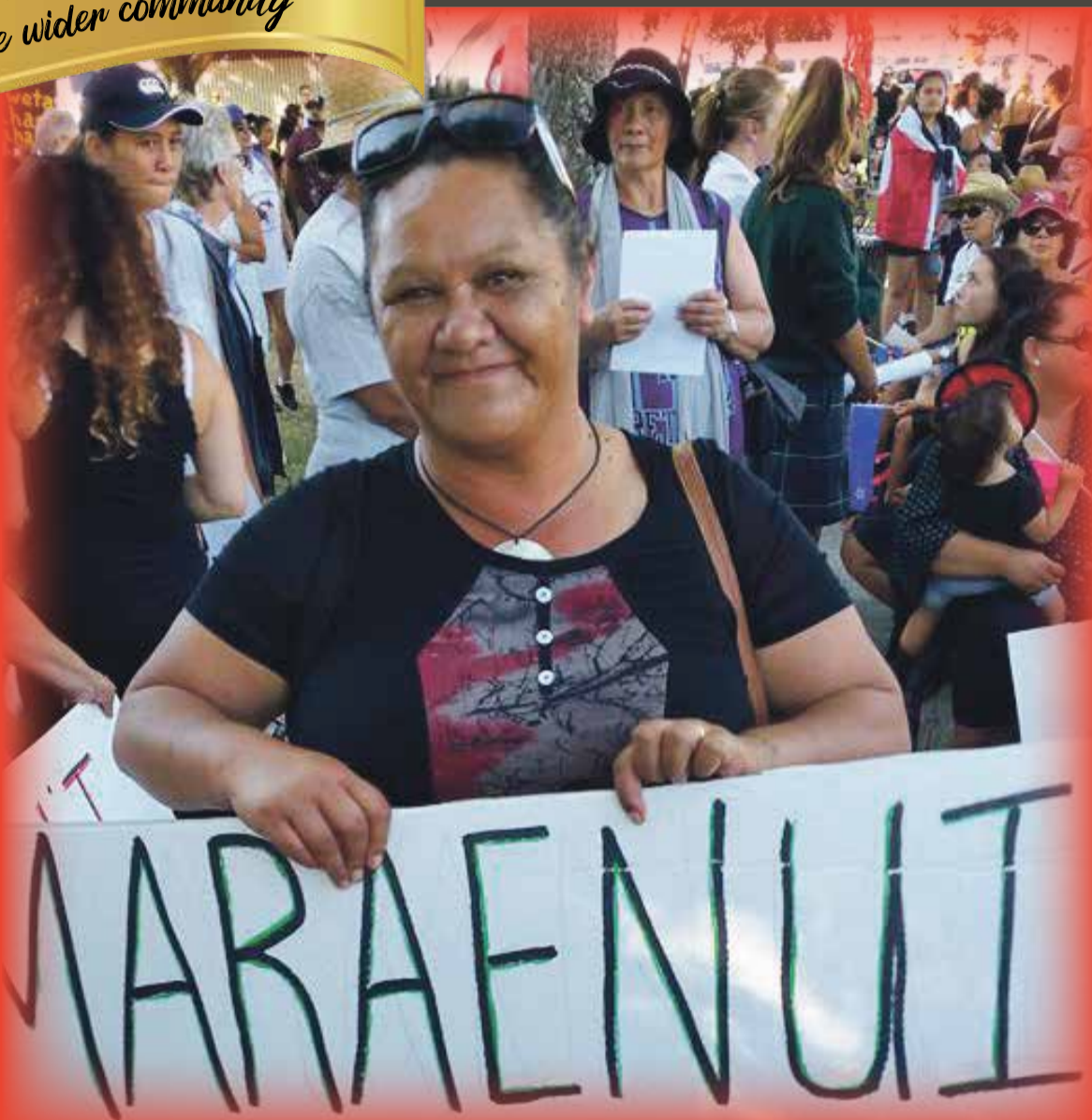


He Ngakau Hou

October 2020 Issue 76

More than 20 years celebrating & informing
Maraenui and the wider community



SUNRISE
26 JULY
1964

SUNSET
9 AUGUST
2020

A TRIBUTE TO MARAENUI'S MINNIE

Sally Crown

Minnie Ratima
26 July, 1964 - 9 August, 2020

IT is fitting that Minnie's tribute features in an issue that coincides with the general election. She was a fiercely proud and reliable volunteer for many kaupapa

(causes) but the Labour Party and Minnie go together like peas and carrots. I was not surprised to be greeted by large campaign billboards fastened to the outside of her home when I went to visit her during her illness or see the photos on social media of her fixing them there, taken just after midnight, the time that they were permitted to be displayed. Her smiling face alongside

a slightly bewildered Stuart Nash, who I'm told questioned whether it was appropriate (good call).

Born 26 July, 1964 she was the fifth of ten siblings. Her father Onewhero Garth Ratima's whānau whakapapa to Tangoio and her mother Erena (Ellen) Waihape from Raupunga. Minnie grew up in Maraenui. She is survived by her 8 children,

19 mokopuna and 2 great moko. All of whom she loved dearly whether they were close by or far away.

Her life saw her navigate a number of challenges and battles. Many of which she openly talked about in order to help others. Close friend Meg Rose who nominated Minnie for her Hawke's Bay Today Person

Continued page 3

Maraenui's Community Newspaper online at www.ladybugdesign.co.nz

Welcoming All 2 Years Olds to Montessori 3-6 Nau Mai Haere Mai



To celebrate our 9th Birthday we are offering 9 new families \$9 enrolment fee, \$9 week until your child turns 3 and 9 x Intro to Montessori 2.30 to 5.30pm places.

- Perfect for Families who already have morning activities or prefer afternoon options
- Perfect for those with preschoolers and primary school children allowing parents to have quality time with every child in the family
- Perfect for those families wanting to get their preschoolers settled now in preparation for study or returning to work in 2021

Our next fulltime place ready to pre-book is Monday 2nd November 2020 and we have four children going to school in Term 1, 2021.

www.montessori3-6.com

Call 06 833 69 70 & pop in and see the team or email Vicky directly montessoripreschoolnapier@gmail.com

Nelson Park Ward Councillor Catch Up

Greg "Grego" Mawson
on behalf of your Nelson Park Ward Team

Tēnā koutou katoa

THIS is the first chance for us to connect with our whānau via *He Ngakau Hou* since the initial lockdown. It was and has been very busy for us at council. We went virtual and even had an increased workload of workshops and seminars to keep things moving forward. Although there were changes to delivery dates of key requirements such as our Annual Plan and rates setting due to COVID we pressed on. As a council we remain sensitive to the impacts COVID continues to have on our community and rest assured, your ward councillors and the rest of the team are working hard. A huge shout out to council staff across the board who do an amazing job.

I would like to acknowledge the passing of Minnie Ratima. While I did not formally meet her (I did in passing) her reputation precedes her. She was a huge beacon of hope and will be greatly missed by her many friends whānau and the community she worked so hard for our community.

During COVID lockdown I put my hand up to do some volunteer work for Age Concern and our council recovery team. I met a few lovely people in my travels, including other volunteers. I want to acknowledge those of you who helped out. Volunteers, workers, those on the front line, right through to those that checked on their neighbours. You are all awesome.

The hearings for Annual Plan submissions and deliberation were held mid-August, providing elected members with over 750 pages of reading to prepare for. It was an honour to read the feedback from our community on our consultation items and hear additional submissions on a range of topics of interest, not only answers to the questions we put to the community, but also from the additional submissions. Being a first term councillor, it was a full on three days but very rewarding. This is why we are here; to listen to our community. Next stop, our Long Term Plan (LTP)!

In June I attended the Matariki celebrations alongside some of our staff and the Mayor at a dawn celebration held at Waitangi Regional Park. A wonderful atmosphere couldn't be dampened by a timely shower which segued nicely into kai time. An amazing spread was provided and I tried the salty delicacy mutton bird for the first time. Thank you again to all involved.

A pre-cursor to the Whānau Transformation Series currently being held in Maraenui, a number of elected members, staff, representatives from the NZ Police, Corrections, local social services agencies and community members participated in a wānanga delivered by Māori Movement. It was an amazing experience I will never forget. Being Pākehā it was daunting at first, but I'm not one to back down from a challenge and I'm pretty openminded. I did not feel unwelcome once. The wānanga allowed me greater insight into Māori culture, and an appreciation for human values across cultures. What is shared within the safety of the wānanga space is confidential, however I can say that it was very moving for me and I made some new friends for life.

The Town Huddles continue to provide us with a mechanism to provide clarity and transparency to our community. Recently our Mayor Kirsten Wise added a Facebook Live option for those who would prefer to be tucked up at home. You can ask a question of her, and some fellow councillors also tune in to help out or follow up on your questions. If you've ever wondered what things we do day to day in life and through out work in the community, I recommend liking/following our councillor Facebook pages. We have some fun sometimes!

In our Nelson Park Ward have had a "win" with some of the "Shovel Ready Projects" government funding, having received money to build a pathway along the "Cross Country Drain/Park" which can be credited to dedicated persistence from The Pirimai Residents' Association.

I hope to see you out and about. Please don't hesitate to come and say Kia Ora!



Kaiako Amy Rēti and Desley Aranui at the installation of Montessori 3-6's Trilingual Triangle Tukutuku - a highlight of their 9th birthday celebrations earlier this year.

Birthday number nine celebrated with Trilingual Triangle Tukutuku

VICKY Lumsden, Founder of Montessori 3-6 on Georges Drive was proud to have the Tukutuku become part of the learning environment on Saturday August 1. The Trilingual Triangle represents the three languages offered at Montessori 3-6. Te Reo Māori, Spanish and English with Montessori taking the central triangle.

In 2019 Desley Aranui started a project with tamariki to create a tukutuku panel like she had made at a whānau wānanga. Practical Life is one of six learning areas in Montessori preschool education, so she introduced sewing as part of the project. All of the children who attend Montessori 3-6 contributed to the tukutuku and the project formed part of Desley's professional appraisal goals. "I am very proud of Desley for seeing this to

fruition and am grateful to have our very own handmade tukutuku that depicts the foundations of why Montessori 3-6 was created as a trilingual preschool," said Vicky Lumsden.

Maria Montessori was born 150 years ago and was one of the first female doctors in Italy. Her method of education began in Rome in 1907 and today it is an international movement across the globe. There are over 100 Montessori preschools in Aotearoa. Montessori 3-6 is the first trilingual preschool in our country and Vicky founded the first bilingual Montessori primary class in Rotorua back in 2000 at Malfroy School. "Every child deserves to have language learning as part of their preschool and primary education as it is through language you learn about

culture; through culture you learn about diversity; through diversity you learn acceptance and through acceptance you learn about Peace," explains Vicky.

Montessori 3-6 has used the Virtues Project at the preschool for the last nine years. They provide positive guidance for tamariki, Kaiako and parents alike. "Parent education is an important part of what we do at Montessori 3-6." Montessori 3-6 evolved from Manaakitanga Montessori a parent-led Puna Kōhungahunga which Vicky started in her lounge as a first time parent alongside other parents from her Antenatal Class, Plunket, Space & PAFT Parents as First Teachers. We are a learning community.

Regional Directorship for Colenso Principal

ON August 3, the pōwhiri for Daniel Murfitt was held at Pukemokimoki Marae as he transitioned from his role as Principal at William Colenso College to interim Regional Director of Education for the Tairāwhiti region. It was a beautiful day with the whole of William Colenso College, past students, other local principals and community leaders, iwi representatives and staff from the Ministry of Education all in attendance.

Daniel is in the role for a year while Director Claire Hague is on leave and William Colenso College is in safe hands with their Senior Staff taking the reins in Mr Murfitt's absence.



NEW CEO AT THE HELM OF NAPIER FAMILY CENTRE

THANKED by the board for her "tireless effort, dedication and prudent management", Napier Family Centre bid farewell to long serving CEO Kath Curran and welcomed Kerry Henderson to the position in mid-August.

Chairperson Diane Mara says, "Kerry is a superb appointment who brings with her a wide range of experience working for government agencies, early childhood education, iwi and community strategic development. The board is excited to be working with Kerry to take Napier Family Centre into its fourth decade of operation, continuing to serve children and families in the same spirit of Christian service that lies at the heart of our mission and purpose."

Napier Family Centre, established in 1983, works in five main areas; Counselling, Financial Capabilities, Social Work, Education programmes and Early Childhood



Care and Education.

Kerry says, "It is an honour to join Napier Family Centre with its strong history of collaboration and supporting whānau across Hawke's Bay."

For more information on Napier Family Centre's services visit napierfamilycentre.org.nz or search for them on Facebook.

Your Ward Councillors



Cr Greg (Grego) Mawson p. 022 567 8104
e. councillor.mawson@napier.govt.nz

Cr Maxine Boag p. 021 0247 0484
e. councillor.boag@napier.govt.nz

Cr Api Tapine p. 027 459 9761
e. councillor.tapine@napier.govt.nz

Cr Sally Crown p. 027 284 8541
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...continued from page 1

of the Year Award 2017 summed it up nicely.

“She (Minnie) is not a result of business or societal success, but its opposite. She has overcome many of the hurdles that she encourages others to conquer; she has walked a path few would choose but the pain of her own experiences is without bitterness, used instead to gently remind others that they too are capable of breaking the cycles that threaten to bind them to a predestined future.”

Minnie fought tirelessly for her community, often in a voluntary capacity but in the last year of her life she was employed at Roopū a Iwi Trust as a kaiārahi, navigator and advocate for whānau in transitional housing.

Friend Maxine Boag says, “Minnie was always putting her hand up to volunteer

for anything she felt would support and enhance Maraenui.” This included being a part of groups and initiatives such as Tū Tangata Maraenui, Community Housing Action Team, Napier Pilot City Trust, Māori Wardens, Koha Shed, drop-in centre for those battling addiction, Restorative Justice Hawke’s Bay, Maraenui Rugby & Sports Association, Maraenui Community Council Trust, Te Araroa Offers Hope Trust and the Nanny Brigade against synthetics.

Her drive for social justice took her overseas with her “ship mate” Pat Magill. Together they travelled to Vanuatu, China and the United Kingdom.

Minnie was brave. Unafraid of making waves or being unpopular, her actions were governed by the values she held dear. Aroha ki te tāngata - “for the love of people” - the founding principles of the Māori Wardens she belonged to aligned so perfectly with her own. Rob Whaitiri, Regional Māori

Wardens Coordinator said, “she advocated for those that did not have the confidence themselves and has earned the respect of many, especially me.”

Minnie was recently nominated for a Napier City Civic Award. Amongst the letters of recommendation were recognition of her ability to relate to many sectors of society. “Minnie has an innate ability to walk in all worlds relating to people from all walks of life which is evidenced by her large circle of supporters and friends. Her loyalty and integrity are second to none,” said Joan Plowman, Chairperson of the Napier Pilot City Trust.

Minnie visited her doctor late 2019 and found out she had cancer. She received treatment for her illness but unfortunately received the news that it was terminal. She lived her life with gusto almost two months longer than expected, surrounded by a constant stream of family and friends.

Her home on Massey Crescent was full of love, laughter and tears as she continued to connect with people and tick off bucket list items such as arranging others to take over her roles on trusts and committees and a personal meeting with Prime Minister Jacinda Adern.

Minnie was farewelled from her tīpuna whare, Punanga te Wao at Tangoio on August 12, the event shrouded in a korowai of mist coming down from her maungatapu Maungaharuru. She was recognised by other community leaders, friends from all walks of life and beautifully cared for by her loving whānau right through her tangi.

It is only fitting that the woman herself has the last word.

“I love Maraenui and have worked hard with others in the community to make it a better place for its people.”



Kaitime kaupapa: keeping kids fed

Chloe Katene

KAITIME is a Māori-owned, Maraenui-based company that provides nutritious and affordable packed lunches for Hawke’s Bay school children. Owners, Tina Sheree Rangi and partner Jonny Tawhara, came up with the idea in February 2020, “to make life easier at home for families and feed the kids, it’s always about the kids,” Tina explains.

After researching ways to make school kai affordable and plentiful, they ran a Facebook competition and gave their first orders away for free, feeding over 900 tamariki. Fast forward to September they now cater to 35 schools, approximately 200 orders per day or over 1000 lunches per week. Tina says, “it has definitely gone above and beyond what I had dreamed for it.” Kaitime have recently been named a supplier for the Healthy Lunches in Schools programme.

For \$5 a day or \$20 for the week, Kaitime can sort your child’s food needs and deliver it straight to their school. They provide a varied weekly menu including fruit, yoghurt, sandwiches, scrogin and do hot meals on Wednesdays and Fridays. Spaghetti bolognese, Mac’ n Cheese, chop suey or pumpkin soup.



Kaitime owners Jonny Taiwhara and Tina Sheree Rangi.

“Preparing the kai begins at 2am but the looks on the kid’s faces when we drop their lunches off is worth the long hours that we do.” What makes them most proud is knowing they are providing a service that benefits the community. “We stand by our kaupapa, the more children we can feed the better.”

Tina and Jonny are grateful for all the support from local businesses and those donating who help the service remain affordable. “It’s pretty cool being the only Māori company (locally) who specialises in school lunches.”

Kaitime are also currently in the process of opening a branch in Hastings to cater to the demand and help more families. For any local businesses wanting to help change the stigma - healthy kai can be delicious kai and support a great initiative that helps fuel our future, please contact Tina through the Kaitime website.

If you are interested in ordering for your own whānau, or supporting others by paying it forward through sponsoring meals or donating ingredients head to the Kaitime website (www.kaitime.nz) or message the team on Facebook.



Your new career starts here...

Raise kind, happy children in your own home **AND** help your community.




brightfutures.org.nz

Sara is taking charge of her career

SARA Iosua has been living in Hawke's Bay for just three months but she has already made a strong impression on a number of people, including her EIT tutors. The 21-year-old soaks up new knowledge like a sponge, making the EIT Learning Centre in Maraenui her second home, so to speak.

Recently Sara has gained a level 2 Certificate in Computing. The online course usually takes up to one year to complete, yet Sara finished it in only two weeks. "I just kept pushing myself and really enjoyed getting to grips with programmes like Word and Power Point," she says.

"Sara is amazing," raves Vicky Truman, Maraenui Learning Centre coordinator, about her new student. "Before the computing course even started, Sara did 88 hours of preparation work and then just flew through her assignments."

Sara's parents are from Samoa, but Sara and her three older siblings were born and raised in Wellington. She says that she wanted to move to Napier to experience different things, meet new people, become independent and eventually find employment.

Sara's uncle and aunt both studied at EIT and encouraged her to go and have a chat with Vicky to explore her options. There were many options that Sara took an interest in.

Completing the computing certificate in record time was only the start of Sara's education journey. "Sara actually makes the most of everything we offer here at the centre. She is not only very talented but also



Sara Iosua says that her EIT courses set her up for future work.

extremely driven," says Vicky.

Sara says that her studies helped her to settle into her life in Maraenui. She enjoys spending time with her family, attending service at King's House Church, going for walks and keeping fit."

Sara has also participated in an EIT screen printing workshop and is now studying the Certificate in Foundation Skills (Styling). The great thing about this course, she says, is that people get a taste of hairdressing, beauty and makeup as well as manicure.

Sara has also planned to do the employment preparation training at

EIT to kick-start her career in retail. "I like fashion and helping people. I've worked in retail before so I just need to update my CV, learn how to write an application letter and do a good job interview. It's awesome that I can learn all of it at EIT."

"I'm truly blessed and grateful that God brought me here and for the people around me especially my family. They've always been there for me and taught me so much in life. And my best friend Amanda from church who I just met. She helped me a lot and is really lovely to me."



The kaiako, tamariki and Enviro Group at Marewa School on one of their clean up walks at the Douglas McLean creek and surrounding streets.

Keeping NZ Beautiful

YOU may have seen them out and about with their hi-vis jackets and clean up kits between 7-13 September participating in Keep New Zealand Beautiful Week. All children wore gloves and collected lots of rubbish which was polluting the waterway. This annual event is an important way communities can help protect their local taiao (environment). This year Napier held four events across the city. Last years' week involved 52,000 volunteers who picked up 507,400kgs of rubbish nationwide.



STUDY LOCALLY IN MARAENUI

Start the New Year right. There are plenty of study options available. Come in and talk to us about what's right for you.

Check out FEES-FREE STUDY feesfree.govt.nz

Contact: Pam Gurnick | 06 842 0591

eit.ac.nz | 0800 22 55 348 |

Locals ready for change

The Whānau Transformation Series has started for Maraenui, Napier. This Kaupapa is proudly led by Māori Movement, Angel Promotions and Te Oranga Pūmanawa.

At the centre of the programme is Whare Āio. Whare Āio is a wānanga based system founded and developed by Ngarino Te Waati (Tainui Waikato, Tākitimu Tauranga Moana, Mataatua Ngai Te Rangī, Ngāti Pukenga, Ngāti Awa), who has recognised the impact that intergenerational trauma has had on our people. The wānanga aims to create a space of healing by tuning in to the elements of the universe and the wisdom of our ancestors as a foundation for deeper spiritual connection, higher conscious awareness, and fine-tuning balance within self.

Through numerous mahi within the community, we have recognised the need for a whānau and community wide approach to breakthrough trauma that often leads to multiple layers of social issues and inequity amongst Māori communities. This programme provides an innovative solution and aims to build whānau capability by helping individuals move through trauma and create a space to release and move forward in life.

We have provided a space for over 30 whānau from the local community who have made a commitment to self and have a strong desire for change, creating a better future for generations to come. Whānau are welcomed into a 10 - week programme with 3 weekend wānanga, weekly meetings, daily journal reflections and continuous group connection via Facebook to stay in touch and share their experiences along the way.

Maraenui raised home-owners Te Aroha Hunt and Corey Papanui say they initially signed up to the programme to strengthen their relationship but have gained so much more than they expected "In the last three weeks since beginning this journey we have noticed a massive shift in our home. We have a deeper understanding of ourselves, can now identify and recognise our triggers and communicate them effectively when things come up. We have not only become stronger as a couple but as parents as well and are creating positive changes for our wider whānau and community."

A second programme will be offered in Otātara later in the year.

The programme is proudly supported by Napier City Council, Ministry of Social Development, Te Puni Kōkiri and other agencies.



**Wednesday 7 October
2020, 10am - 11.30am**

*A chance to have a
friendly chat with
your local cop!*

Maraenui: Maraenui Shopping Centre pop up (near the playground)

Marewa: Pie and Patty Pan Bakery

Onekawa: Switch Coffee Roasters

Tamatea: Pak n Save Café

Ahuriri: Miss Brown's Café

Napier City: Ajuna Eatery

Taradale: Source Café

Jointly hosted by Safer Napier, Napier City Council, and NZ Police.

The Base - a meeting space!

Need a base to hold your regular community group meetings? Check out The Base! 38A Bledisloe Road, right in the heart of Maraenui. Available on Mondays, weekends and until 7pm on Fridays, for regular bookings of groups up to 10 people.



For more information email Napier City Council at CommunityServices@napier.govt.nz

Wheelie Bin ROLLOUT



New service commenced 1 Oct.

Use your new wheelie bin to put out your household rubbish for collection. This is for rubbish that can't be recycled, reused or composted. Don't forget to use your black crates for recycling.

Always make landfill your last choice!

www.napier.govt.nz
search keyword
#binrollout

Equipping younger voters



Call 0800 36 76 56 or visit www.vote.nz/enrolling

Community Liaison, Skylar Tangiora with some of the William Colenso Student Leadership Team

THE 2017 General Election data shows that a little over 69% of enrolled 18 to 24 year olds turned up to vote. On the surface this may not seem like a bad figure until you look at the percentage that were enrolled, just 72%. This number hasn't improved since 2017 with today's enrolment rate at close to only 69%.

Michelle Jaggard, Registrar of Electors for the Napier and Tuketuki electorates and the local Community Engagement team are passionate about empowering the young people of Hawke's Bay to have their voices heard through the voting process. The team is always looking for new, innovative ways in which to do this and decided to approach William Colenso College with a partnership project proposal.

The team met with the Senior Student Leadership team to discuss the project, which includes

working together to share the enrolment and voting messages throughout the school and wider community. The session included sharing information about enrolment options and the place that the voice of youth has in our society. Many questions were asked and answered. Everyone who was eligible (17 or older) enrolled to vote, observing the ease of the process.

Layla Christison, Head Girl and Board of Trustees Student Representative, said that partnering with the Electoral Commission to raise awareness is "a great way to inform local youth of the importance of their opinions and the effect that their, seemingly small, votes can have on the future of New Zealand."

Everyone is looking forward to working together on this project and watch out for these great ambassadors in the community.

There will be safety measures at all voting places.

Hand sanitiser is provided and physical distancing will be practised when you vote.
vote.nz | 0800 36 76 56



Partnering for participation



TO reach communities with important enrolment and voting information for local elections, the general election and referendums the Electoral Commission rely on building partnerships with local community groups.

Recently the Napier Community Engagement team partnered with CCS Disability Action to provide two information sessions around this year's general election and referendums.

Voting for the first time can be scary so what better way to prepare people than to provide a mock election environment. This gave people the opportunity to check their enrolment details and work through the next steps of going to vote with mock easy vote cards, ballot and referendum papers.

The engagement team had a lot of fun and received good feedback on the initiative and Amy Lowe, Senior Service Co-ordinator said "it was satisfying to see the sense of achievement and pride beamed within more than one participant."

Brought to you by the Electoral Commission



VOTE 2020

VOTING is one of the very few times you get to have a say that law says, must be heard.

VOTE.

» How your two votes work

You get two votes; one for a candidate/person (electorate vote) and one for a party (party vote).

ELECTORATE VOTE: You decide who you think will best represent you in parliament from the people standing in your electorate. Whoever gets the most votes wins.

PARTY VOTE: This decides how many seats a party gets in government.

» The numbers

120 SEATS IN NZ PARLIAMENT

71 electorates (seats) including the 7 Māori electorates (seats).

So what about the other 49 seats? Where do they come from?
Answer: The List.

Each party ranks their members to form a list. You don't necessarily have to be chosen by the voters in your electorate to get into parliament if your party gets enough of the party vote

If a party wins one electorate seat or 5% of the party vote they get bonus seats. These seats are equal to their share of the party vote. Say the Eastern Suburbs party got 20% of the party vote. This would be worth roughly 24 seats (20% of 120). If they won 18 electorate seats then they could have 6 List MPs to make up the 24 overall seats they're entitled to.

Your voting papers will feature the following Candidates and Parties for you to choose from. (Correct at time of print).

» Napier Candidates

- ACT: **Judy Kendall**
- GREEN PARTY: **James Crow**
- INDEPENDENT:
Ian Gaskin
- INDEPENDENT:
John Smith
- LABOUR: **Stuart Nash**
- NATIONAL: **Katie Nimon**
- NEW CONSERVATIVE:
Deborah Burnside

» Ikaroa-Rāwhiti Candidates

- GREEN PARTY:
Elizabeth Kerekere
- LABOUR: **Meka Whaitiri**
- MĀORI PARTY:
Heather Te Au-Skipworth
- NZ OUTDOORS PARTY:
Kelly Thurston

» *Still figuring out your direction?*
Not sure who to vote for? Check out votecompass.tvnz.co.nz/. This interactive questionnaire guides you to find a best match from New Zealand's political parties.



Hon Meka Whaitiri

MP for Ikaroa-Rāwhiti

Te Matau-a-Māui Office

- ☎ 06 873 3457
- @ joanne.rowe@parliament.govt.nz
- ✉ 944 Heretaunga Street West, Hastings 4120
- 🕒 Monday to Friday 9am to 4pm




Nā Meka Whaitiri i mana, Parliament Buildings, Wellington



labour.org.nz

✓ Stuart Nash

for Napier



Let's keep moving

Authorised by Dianna Lacy, 160 Willis Street, Wellington



Deborah Burnside has been in the service industry her entire working life – in retail, in travel and in her own award-winning waste and recycling company, Clean Earth Ltd, that she operates together with her husband Robert.

“Standing as a candidate is a role of community service and the timing is absolutely right for me to give my community my all.”

Her political interest has also been life-long, but was galvanized when a local MP first said, “Hey you could do this”. That initiated Deborah's participation in a training program specialised for those interested in serving their community as an MP.

When Garth McVicar said he would happily nominate Deborah to stand up for Napier as the candidate for New Conservative, the party and Deborah didn't hesitate, as an effective MP needs to have genuine connection to their electorate.

“Everything begins and ends with family – when we get families right, we get everything right.”

www.newconservative.org.nz



Heather Te Au-Skipworth

for Ikaroa-Rāwhiti



māori
#BelieveInMāori

BELIEVE IN YOU BELIEVE IN ME



VOTE FOR WHAT YOU BELIEVE IN, NOT WHAT YOU WILL TOLERATE



Napier

DEBORAH BURNSIDE

Authorised by D.Burnside, 86 Burness Rd, Napier

Making music from the Nui: Victor J Sefo

Sally Crown

VICTOR J Sefo has an impressive following across his social media and streaming accounts. His Facebook accounts stand at almost 30,000, Instagram at 46,000 and YouTube over 60,000. They have been key to him building his professional career that in his words allows him to, “wake up and do something I love.” Besides his music and social media accounts it was difficult to find out much about the man or the musician. He Ngakau Hou caught up with Victor J Sefo to learn more about his journey.

Beginnings

The 24-year-old has been raised in Māraenui after relocating from Apia, Samoa where he was born. His aiga (family) made the move so his father could work in Hawke's Bay orchards and he grew up with his Mum, Dad and three younger sisters.

His love for music started in the home and he began his quest to make music his career when he was intermediate age. “It was a 10 year grind,” he says.

As a Year 9 student at St John's College he started a band called Colour Sway, a seven-piece reggae band that saw members come and go. For five years straight they



The largest crowd he has performed to so far was at One Love festival where 25,000 were in the audience.

participated in local Smokefree Rockquests and Pasifika Beats, more often than not winning. In his last year of high school he got a taste for bigger things, opening for Stan Walker on tour after Stan's booking agent heard about Colour Sway. As soon as he finished secondary school he enrolled in the IdeaSchool at EIT to study music. He was only there for a year before his career started to take off.

Arriving and streaming

Proficient in drums, guitar, bass and piano, Victor's main instrument has become his

laptop. He started to write and produce tracks and upload them to different distributors, such as Soundcloud and YouTube to share his music, platforms that are available for anyone to upload on. “You don't need to go to a studio anymore. You can make music in your room and release it from your room.”

In 2018 he released a track called Wifey. Based on the number of times the track had been streamed Wifey charted at number 1 on the New Zealand Reggae Charts with Aotearoa legends Katchafire taking out the

number 2 spot. Victor J Sefo had arrived.

The numbers

He has been living his dream for the last two years and remains incredibly humbled by the fact he is able to do what he loves and stay close to his family, long time friends and community.

Making the transition from streaming online to performing live made him nervous. “I wasn't sure that my fan base would be as strong as my listeners. They can be different people you see. It's different to listen at home than turn up to a show.”

But turn up they did. He has taken part in festivals such as Good Vibes, East Coast Vibes and One Love at which he performed live to a crowd of 25,000 people.

He has performed to sold out shows in Auckland, Wellington, Hamilton and taken part in an Australian tour which led to a touring agent approaching him to do a show in Samoa. It remains a highlight for him. “I was able to invite my artist friends and give back to the people. The first (ticket) release sold out in three minutes.” The audience on the day was 3,500.

In 2019 Victor took 108 flights. He has also written and sold his

songs to 30 other artists as well as releasing numerous tracks himself. Wifey has been streamed more than 20 million times.

But it's not just about the creative. He knows his “R&B, reggae, afro” sound needs to be commercial enough to sell and understanding the business side of things has been a learning curve. He doesn't have a manager and stays in touch with his EIT tutor Tom Pierard who continues to mentor him and provide advice from a business perspective.

Inspiration

When asked what his biggest inspiration is, Victor doesn't hesitate. “My old man- straight. He's disciplined. A typical Islander parent. He didn't always understand (my music) but he's come around and now lets me do my thing. He has always worked to achieve and he sees that's what I'm doing too.”

He is very clear that he realises his situation is unique. “I'm just living life you know. It's not about being the biggest or the richest. I just want to wake up each day and do something I love.”

Victor is incredibly proud to be from the Nui. “There is so much underground talent here just waiting to be recognised.”

William Colenso College Years 7 - 13



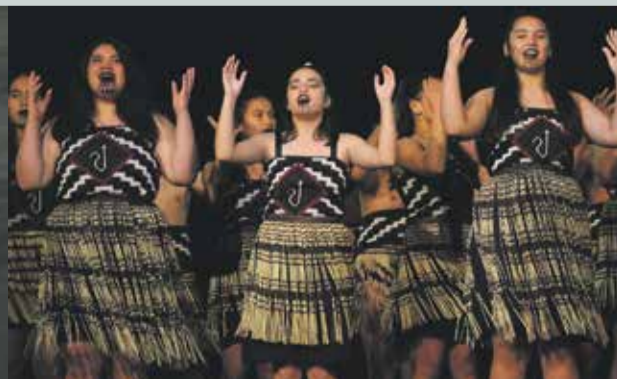
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William Colenso College, Arnold Street, Onekawa, Napier.
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Essential Worker Experiences

The unprecedented Covid-19 situation has been a life first for many of us who have not lived through a global pandemic of this nature before. So what was it like for essential workers in our community? He Ngakau Hou spoke to four people who worked through Alert Level 4 lockdown to record their experiences.



Wayna

Wayna Wairau, a Community Support Caregiver from Maraenui and mother of five, had fears for her family as an essential worker during lockdown. Although her workload decreased, she said there was an uncertainty and anxiety from both sides as she, nor her clients could be sure of whether the other had been practising social distancing. A lot was based on trust, common sense – making calls for her own/client's safety and utilising the Personal Protective Equipment (PPE) that was provided to her. Although PPE is common practice in her role, Wayna made sure to dispose of her PPE at the client's house to minimise transferring anything to her car or further homes.

Many whānau took their nannies and koro in during lockdown to limit their exposure and manage their care. Clients and the families were very appreciative and grateful to receive care during all levels of lockdown and Wayna says she is "glad the government and NZ got onto it straight away. We tackled it quickly and it was effective."



Stephen

Maraenui's Stephen Katene, who works as a drain layer for the council, said he's "glad it wasn't summer when we had to work in full PPE", to undertake work as an essential service. The council undertook strong safety measures such as masks, disposable suits, gloves and even a foot bath on entry into the yard as there was no certainty on how the virus was spreading.

He had his own fears going to different addresses but as protocols modified, they found better ways to distance and communicate with clients. With only one person allowed in the work truck during Level 4, they kept workers separate in the truck during Level 3 with a perspex shield.

Stephen said, "some households seemed unsure of how I'd been social distancing", but they worked together to find ways to both feel safe. He personally believes the management of the virus and lock down in New Zealand was A plus and couldn't be faulted.

(Picture: Stephen with wife Ruth and daughter Chloe)



Sam

Sam Pewhairangi Stok had reason to be fearful of returning to work with vulnerable elderly as a Health Care Assistant during the lockdown. One of their local aged care facilities had a confirmed 'positive' case and the reality of being exposed was real. She had concerns of taking symptoms home to her whānau who were unable to work and "the hardest thing was not being able to see my grandkids."

Sam said during Covid19 even stricter rules were put in place around the use of PPE, time spent with each patient was increased to ensure they had their PPE on correctly, vigilant handwashing was essential and following all other preventative measures. Although she felt they had good management plans in place, she still had concerns for her family and was glad she could share phone and video calls with them. Looking back at lockdown, she said "it was a time that people came together, although we were apart. New Zealand has done hard work to get to where we are today and that I'm very proud of."

(Picture: Sam with her moko Jayden and husband John)



Daniel

Maraenui raised, William Colenso College (WCC) school teacher, Daniel Evans had an amazing response from parents and students during lockdown through online learning. Through Zoom hui and phone calls, a lot of contact with students and families extended past schooling to include support or even kai. This made stronger relationships with whānau in a very challenging time.

He initially had concerns but with enough time to prepare, the transition to establish online learning in homes went well. Class Zoom meetings were scheduled and one-on-one catch ups were available to those seeking extra help. Along with great support through WCC, Dan felt confident in his ability with technology to continue teaching successfully. Dan said the change from a classroom to teaching his three kids at home, juggling the online learning plus parenting was interesting.

He believed the Prime Minister's broadcasts were informative, straight to point and addressed people's questions. It was "handled exceptionally" and clear requirements made transitioning back to the classroom a lot safer.

(Picture: Daniel with students Materita & Te Aroha)

Te Kura Reo Rua o Maraenui

WACKY WIGS ON WEDNESDAY



Caretakers of change

After a year of having no caretaker following the retirement of "Mr Ed" who was with us almost two decades we now have Romana Puketapu and Tuari Stewart-Edwards looking after our grounds.

Romana has been a part of our kura whānau for a number of years. He used to work as a kaiārahi in the classroom and continues to look after our hakinakina (sport) programme. Romana and Tuari have been integral in getting us ready for other changes.

We are looking forward to being a part of the Healthy Lunches in School programme from the beginning of Term 4 and our dynamic duo have been working tirelessly to prepare the back of our school hall so it is compliant and ready to go. They have tidied up our natives area and helped us move everything out of our administration block.

Our administration block is having a long overdue upgrade. It has been the same, except for a lick of paint, since 1958. A new layout and office for our Tūmuaki will make things much easier for us, our tamariki and whānau ongoing.

On September 9 our kura participated in the annual Child Cancer Foundation fundraiser "Wig Wednesday." A cause that means a lot to us having lost ākongā to the disease. It was a beautiful Spring day to run our parades with a competition for each age group; junior, middle, seniors and even our kaimahi. We welcomed judges Matua Pat Magill, Mayor Kirsten Wise, Councillor Maxine Boag and Councillor Sally Crown to pick our winners. The effort put in by our whānau was amazing. Such an awesome day. Ka mau te wehi!



Maraenui Bilingual School

New community courts a slam dunk

THE Downer NZ Community Basketball Courts at Basketball Hawke's Bay (BBHB) were opened on August 2 after eight months of fundraising.

The two new courts are part of planned four courts, all with a view to providing more space for the fast-growing sport.

The occasion was celebrated with presentations to 2020 academy players and a great game between Maraenui Bilingual Kura and Tautoko.

BBHB Chairperson Keith Price said the courts are already being well used by locals for leisure and schools for training. BBHB intend to hold tournaments such as 3-on-3 comps in the near future. Open for use all the time Keith encourages the community to utilise the new resource. "All you need to do is bring your own ball and get into it."



The Maraenui 2nd Division team went all the way to the finals for the second season in a row. Narrowly beaten by NOBM for the Jack Swain Cup. Image: Harlem-Cruz Ihaia

Valiant efforts see Maraenui in final for second year running

Chloe Katene

FOR the second year in a row the Maraenui 2nd division team have proudly made their way to the finals for the Jack Swain Cup. 2020 saw them go all the way undefeated and they were the favourites to win after having previously beaten Napier Old Boys Marist (NOBM) 37-7 earlier in the season. Mark Huata, coach for the Maraenui Reserves, said it was a close game and the best team won on the day with the final score 26-29 to NOBM.

After seeing some of the men having a rare opportunity to play at McLean Park in the semi-final and beat Hastings Rugby & Sports 33-17, many were disappointed with the change to move the final to Tremain Field at Park Island during Level 2 Covid restrictions. However, a live stream was arranged by the HBRU so the Nui Hard fans could support from afar.

The club has risen in leaps and bounds in the last few years with a number of positive changes, including more manaakitanga regardless of whether they are playing away or at home.

Mark says it can be hard for little clubs like Maraenui to find sponsorship and survive without

a premier team. "It's been great to be able to come back to the club as an adult after playing here at the age of 6" and gives full credit to the club and committee for holding strong to keep it thriving.

It's gut wrenching seeing people move to other teams so they can play at a higher level so the clubs goal is to make the Premier League. More importantly they hope it will help kids stay in Maraenui, give them a clear pathway through and the opportunity to test themselves against quality players. 90% of players are from Maraenui or have returned from other clubs. He's hoping the third years a charm with another final play off in 2021.

Next year will be a big year for Maraenui Rugby Sports & Association with their 40th Anniversary. With a big weekend of events being planned for next year, it would be great to win the final, be promoted and celebrate 40 years as a club.

On top of the Reserves success, the Maraenui Netball team have also made it to the finals this weekend against Manu Pacifica – Waka and the Wahine and Tane Pool teams have also had a long run of wins this year.

NEW COORDINATOR: NGĀ PAKEKE O MARAENUI



NGĀ Pakeke o Maraenui, the group for seniors run through Age Concern Napier appointed a new coordinator this year with well known local Marcia Crawford stepping in to the position. The group meets Mondays, 9.30am-11.30am at the City Rock Hub in the Maraenui Shopping Centre.

This lovely photo includes Crete Pinkham, Reg/Reti Sullivan, Tieri Morris and Marcia - lining up their cards!!

(Image Credit: Maxine Boag)



Nourished for Nil is your local food rescue organisation who collect surplus, excess or unsold food. This Kai is available to all members of the public. No exceptions. Please spread the word and come along yourself.

Food distribution HOURS in NAPIER:

» 30 Cranby crescent Maraenui

**Tuesday & Thursday 4 to 5pm
(doors often open early in Winter)**

Te Kupenga Hauora - Ahuriri

To be the leading provider of Kaupapa Māori-driven, evidence-based, Health and Social Services in the greater Hawke's Bay region.



The group of Samoan Aiga from St Thomas Moore Church came to make sure young and old are protected from the flu this season.

Flu vaccinations to protect our Community

TE Kupenga Hauora - Ahuriri have had a busy time over lockdown and following making sure whānau are protected from this year's strain of the flu. Their team of non-medical vaccinators carried out 181 vaccinations over lockdown and are able to perform vaccinations without a doctor present. This means that they are able to go into homes and run pop-up events in order to overcome access barriers for hard to reach whānau.

Events like the one run in Maraenui at The Base on September 21. The Health Team spent the afternoon providing vaccinations for Māori, Pasifika and those deemed highly compromised if they caught the flu; over 65's, hapū māmā



Martin Depora (9) gets his flu jab at the Te Kupenga Hauora - Ahuriri vaccination pop-up event in Maraenui.

(pregnant women) and those with chronic or respiratory illness.

A number of Community members came to get their jabs including a group of our Samoan Aiga (family) from St Thomas Moore Church.

IT'S ALLERGY SEASON



School Based Nurse Chris Drown talks allergy and asthma management with Rotoria Rose Cooper Kuti (9) from Richmond School.

"KŌANGA (Spring) is well and truly here and it brings not only warmer weather and growth in our taiao (environment) but also increased cases of hayfever, allergies and asthma," says School Based Nurse Chris Drown.

Hay fever or allergic rhinitis can cause a number of symptoms including blocked, runny and itchy nose, sneezing and itchy watery eyes. Generally these can be treated with antihistamines, corticosteroid and/ or decongestant medications that are available through your doctor or over the counter at the chemist.

Common allergens include grass, weed and tree pollens, house dust mites, mould spores and hair and skin flakes from animals (known as 'dander')

Allergies also often affect those with asthma and so kōanga is a time to be particularly aware of how yours or your tamariki's asthma management currently is. It's something that Chris is very aware of as he goes into local kura to support staff and whānau to keep tamariki well. "80% of those with asthma suffer from allergic

rhinitis. Managing your tamariki's allergies will help control their asthma too."

CHRIS'S TOP TIPS

- Avoiding the allergen, which is what causes the reaction, is the best way to prevent symptoms.
- Splash your eyes with cold water or shower after any activities that have exposed you to allergens.
- Keep your house well ventilated, to avoid a build up of moist air inside the house (house dust mites thrive in damp conditions)
- Keep your pets out of bedrooms or outside if your allergies or asthma is affected by them.
- Make sure you have plenty of asthma medication at home, at work or school.
- For those who have ongoing allergies, getting a prescription from your GP or medical practise can be cheaper than getting it direct from the chemist.

Preventing suicide needs to happen at the cause

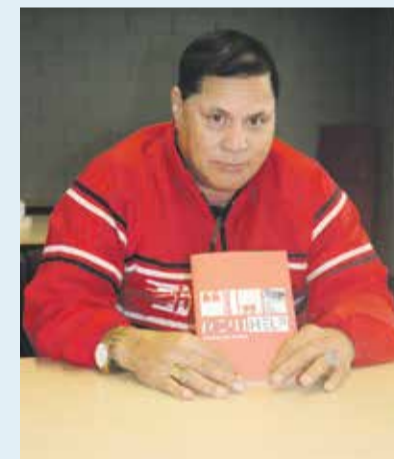
SEPTEMBER 10 was World Suicide Prevention Day but Te Kupenga Hauora - Ahuriri's Johnny Nepe Apatu, every day is suicide prevention day. He works as a Kaiārahi in the Kia Piki te Ora service which has a focus of prevention of this nature.

Johnny is clear about what his approach to his mahi is. He is concentrating on the cause. "Most people that have committed suicide have been using meth (P). We can't stop suicide by we can educate on the causes and better understand the major contributors," he said.

He organised and ran a P-Seminar for his colleagues earlier in the year. They heard from a recovering addict who after 15 years had decided to give up meth and reclaim his life. The session included a presentation on P covering how it is made, used and the effects it is known to have on not just users but their whānau as well.

Johnny has delivered the presentation numerous times. After returning from Melbourne two years ago he has made this kaupapa his own. "I am passionate about this because it's affected so many of my brothers. From pinching and robbing to taking their own lives. I've seen what it does to our whānau."

His role also sees him connect and work with other service providers. He covers a wide area, from Takapau to Māhia to see what is being provided to hard to reach and vulnerable communities. "I'm often the ambulance at the end of the runway. I see whānau whose condition is negatively affected by their experience with providers."



Kia Piki te Ora Kaiārahi Johnny Nepe Apatu says that meth (P) is one of the major contributors to suicide in our rohe (region). His presentations look to help people understand the effects of P and what support is out there for whānau looking to stop using.

Creating better relationships and outcomes for whānau through working to make sure services are fit for purpose. "We need to make sure that our communities are aware of what support is there for them."

If you or your organisation would like to know more about the Kia Piki te Ora service call 06 835 1840 and ask for Kia Piki te Ora.

Need to talk? FREE call or text 1737 any time for support from a trained Counsellor

Lifeline: 0800 543 354 (0800 LIFELINE) or free text 4357 (HELP)

Suicide Crisis Helpline: 0508 828 865 (0508 TAUTOKO)

Healthline: 0800 611 116 Samaritans: 0800 726 666



Milestone Daffodil Day supports all whānau affected by cancer

THE first Cancer Society Daffodil Day in Aotearoa took place in 1990 and 30 years on Te Kupenga Hauora - Ahuriri marked the occasion by dressing up in kōwhai (yellow) and raising koha (donations) to support the cause.

Kath Allen, Health Services Manager explains, "Daffodil Day is really important to us and our country. The money raised goes towards education, support programmes and research to find a cure for cancer. It isn't specific to a certain type of cancer either. So inclusive of all whānau being affected by the disease."

Kath joined her colleague, Social Services Manager Paige Jordan to organised Te Kupenga Hauora - Ahuriri's event which involved all of the 35-strong team. "It's not just about raising money but also awareness. Especially to remind whānau to get checked. If you notice anything different, especially things like blood in your stools, don't ignore symptoms. Make sure you see your GP or health professional," adds Paige.

Around 23,000 New Zealanders are

diagnosed with cancer each year. Māori are over represented with higher diagnosis and mortality rates than non-Māori in New Zealand. The priority groups for the disease include Māori, Pasifika and Asian aged between 24-69 but everyone needs to be aware of the risks and maintain a good level of health. Cancer can affect anyone at anytime.

Kath urges whānau to contact them or their GP if they have any concerns. "We supported a young woman who wasn't in any priority group by ethnicity or age, however needed to have a smear. She couldn't afford the fee through her GP so we were able to provide her with a test that returned an abnormal reading. We potentially saved her life."

Donations can be made to the Cancer Society online at daffodilday.org.nz. You can call them on the Cancer information helpline on - 0800 226 237.

If you are concerned about yours or your whānau's health, book into see your GP or call Te Kupenga Hauora - Ahuriri on 06 835 1840 and ask for the Health Services.



Left: Social Services Manager Paige Jordan and Health Services Manager Kath Allen organised the annual Daffodil Day event for Te Kupenga Hauora - Ahuriri this year.

Top: The team from Te Kupenga Hauora - Ahuriri dressed in yellow and raised funds for the 30th anniversary of Daffodil Day.

To be the leading provider of Kaupapa Māori-driven, evidence-based, Health and Social Services in the greater Hawke's Bay region.

All our Services are MOBILE and FREE. Call us on (06) 835 1840
All stories featured and additional information about our services can be found at www.tkh.org.nz

UPCOMING EVENTS

OCTOBER

Friday 23: Monday 26 Labour Weekend (Office Closed)
Wednesday 21: Kahui Pakeke (9am to 1pm)

NOVEMBER

Wednesday 18: Kahui Pakeke (9am to 1pm)

ONCE A MONTH

EAR, NOSE & THROAT (ENT) CLINIC: First Thursday of each month. Appointment required. Ring Ruth on 06 835 1840
RESPIRATORY CLINIC: Third Thursday of each month. Appointment required. Ring Ruth Wheatley on 06 835 1840
RANGATAHI CLINIC: Every Monday from 3pm - 5pm. Appointment required. Ring Kath Allen on 06 835 1840
CERVICAL SMEAR: First Monday of each month from 1pm - 3pm. Appointment required. Ring Kath Allen on 06 835 1840

Our Services:

How we can help YOU and YOUR whānau

We offer a range of health and social services for the betterment of our community. We are mobile and can come to you if needed and don't forget that these services are **FREE**. Contact us on (06) 835 1840 or visit www.tkh.org.nz for more information. As well as our usual services, we can offer you specialist care at our Ear, Nose and Throat Clinic.

- Breast & Cervical Screening (Support to Services)
- Emergency Housing (via Referral from WINZ)
- Family Start
- Health Services
- Kia Ora Programme (My Health Begins with Me)
- Kia Piki Te Ora (Suicide Awareness/Prevention)
- Own It, Live It, Be the Leader of Your Life
- School-Based Nursing
- Social Worker in Schools
- Stop Smoking Service
- Whānau Ora
- Youth Services