

The skies opened and Napier proved to be a fish bowl after the 1 in 250 rain event on Monday 9 November

Sally Crown

MONDAY November 9 will remain in the memories of Naperites for life. The rainfall curve data collected during the event puts the deluge at 1 in 250 years. Ironically, the total cumulative amount of rainfall in the 24 hour period sits at just over 250 mm. These statistics are centred on Nelson Park, the nearest National Institute of Water and Atmospheric Research (NIWA) gauge to Maraenui and surrounding suburbs. Taken on the hour, every hour they show that the intensity of the rain peaked at 5:00pm that evening.

Just a month later we are only starting to understand the true impact of the flood on our community with insurance claim numbers continuing to rise. Properties, cars, schools, businesses and public facilities all suffered damage which in some cases may take up to a year to fix, based on insurance processes, the availability of trades and technical advisors.

While the whole of Napier was affected by the rain event the low lying nature of Maraenui and neighbouring suburbs, the stress of the volume of water across the storm and wastewater networks, as well as the suburbs' distance to the outfall proved true the saying that "Napier is a fish bowl." The water appeared to make its home in the immediate area causing major damage, disruption and isolation for many households.

Through adversity.....

What happened next is still happening now. The people acted. With hope and determination to overcome adversity.

On Tuesday 10 November, Napier resident Kyle Hamilton volunteered when the call for assistance came out from the Civil Defence Emergency Management (CDEM) Group who were based out of the Napier Fire Station. Along with community volunteers, Fire & Emergency New Zealand (FENZ), Red Cross NZ, NZ Army and others they started work on trying to ascertain the situation and identify where and who needed immediate assistance. Kyle was part of a group of volunteers who evacuated 30 people that night from around Nuffield Avenue into temporary accommodation. "I was happy to turn up wherever I was needed. Some of these people were so relieved to see us and were getting quite desperate. They *Continued page 3*

Maraenui's Community Newspaper online at www.ladybugdesign.co.nz



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Nelson Park Ward Councillor Catch Up Kia ora koutou katoa ngā tāngata o Ahuriri.

SENDING the very best of the season to you all from your Napier City Councillors ward team, Maxine, Sally, Grego and Api.

The year 2020, wow! what a 'mixed bag of nuts' this year was. The year was marred by several 'states of emergency' from pandemics, lockdowns, drought, flooding; all of which have a major hit upon the home income and business survival. Although Kainga Ora is committed to building hundreds of new homes in Napier over the next few years, we currently have a housing crisis with our social housing waiting list increasing to over 650 'cases' or families living in a motel or transitional accommodation, with only more waiting as evidence.

Napier was struck with a once-in-250-year "rain bomb" in November which seriously flooded our ward in particular. Our hearts go out to those of you most adversely affected by this crisis and we hope you have been able to access the support you need.

Tū Tāngata Maraenui Trust was able to access some of council's Recovery Funding for the Spring Clean and their next project resurfacing the courts in Fitzgerald Park.

You can keep in touch with us through our Facebook pages, Council communications and website. All our meetings are live streamed. We are your local government representatives and appreciate your input and feedback for the decisions we make.

From your ward councillors and Council, may we continue to connect with our friends and family

HALLOWEENINTHEN

Adrienne Taputoro

Maraenui community Halloween event has become a real fixture over the past four years, with people from across Hawke's Bay joining whānau from the Nui for the celebration on 31 October in our reserve.

Giving our usual organisers Shiralee and Che Rogan a break this year, we brought together volunteers and contributions from across the community including our local Mongrel Mob Whānau, Ahuriri Māori Wardens, Maraenui Donations, Te Aratika Academy, Tū Tangata Maraenui and various individuals to stage an event that was all about our tamariki.

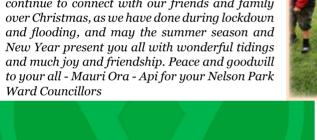
We had face-painting, bouncy castles, games, raffles, haircuts by 19ninetyone Barbers and competitions for best-dressed. Which was hotly-contested amongst the kids, giving the judges

so many costumes to choose from. Our MC Whaea Hubba Harrison kept the day flowing and we were overwhelmed by the sponsors and donations we received to make the day what it was.

Acknowledgements: As well as those already mentioned the organisers would like to thank the following for their donations -

Steve and Nelz, Celia and Gaza, Shellz and Aaron, Sedrik, Johnny, Munz and Anaru, Dee and Tiru, Savannah and Mana, Chaleigh and Jnr, BJ GIsborne, Awhina and Raylee, Toni Cooper, Rory AT, Peka and Stu, Sarah Ewart, Selene Keil, Boogz and Skam, Pep Bracken, Napier City Council, Apiata Tapine and Trish Kearns, Maxine Boag, Sally Crown, Theresa O'Brien, The Mad Butcher Napier and Hastings, Natasha, Phil Jensen, Ngaranoa Whānau.





WAIPUREKU WAITANG!

HOKINGA MAHARA

COMMEMORATION OF THE SIGNING

TE TIRITI O WAITANGI



Waitangi Day Commemoration Saturday 6th February 2021

The Waipureku Waitangi Trust invites the people of Hawke's Bay to the commemoration of the signing of the Treaty of Waitangi in 1840 by three Ngati Kahungunu chiefs at Waipureku (Clive).

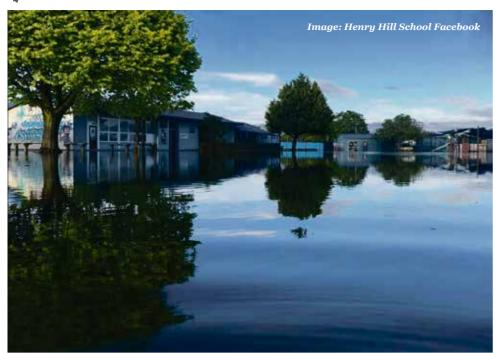
Waipureku, meaning 'the meeting of waters', was a lagoon that joined the Ngaruroro and Tukituki rivers.

The commemoration begins at 7.45am at Ātea-a-rangi (Waitangi Park, Awatoto) with karakia to start a Hikoi (Walk of Unity) along the Ngaruroro riverbank to Farndon Park where people will be welcomed with a Haka Pōwhiri at 8.30am by local Manawhenua.

Following the powhiri, there will be waka rides, live entertainment, talks by local historian Pat Parsons; a re-enactment of the signing of Te Tiriti o Waitangi and a free Te Tiriti workshop.

> Information: Ann Redstone 027 386 7907 Maxine Boag 021024 70484





Henry Hill School flooded. They thought they would be closed until the end of the year but were open just a week later.

had no power and there had been little communication. I'll never forget seeing the relief on their faces," he said.

Many woke up that day unable to go work or school/Kōhanga/pre-school or daycare with 70 educational centres closed the first day after the flood. For some schools and centres it wasn't just about how their families had been affected but also their premises. Henry Hill School in Onekawa made headlines for their recovery and the community's "can do" attitude. Videos posted to their Facebook page by Principal Jase Williams showed the extent of the flooding across their property and buildings. News reports started coming out indicating that the school would be closed until the end of the year due to the damage sustained. Jase and the community had other ideas. In an email on Wednesday 11 he said, "the last 24 hours has been an experience!!! But we're going to smash out the mahi and get our kids back at school ASAP!!" and they did just that. A massive push from whanau and community responders saw up to 500 people chip in and make the school attendable for students by cleaning up the playgrounds and outdoor spaces as well as three classrooms and the hall which they are using as teaching space for their tamariki. Getting them back on-site was the main priority so that they had some normalcy and routine again. He is massively grateful to all that helped, too many to thank or name. "It allowed us to be open this year when we thought it was unthinkable." Te Kōhanga Reo o Te Kūpenga o Te Mātauranga which is usually based at Henry Hill School has found a temporary home at Te Poho o Tangiianui Marae in Greenmeadows, where they intend to be located until the end of Term

"Covid was 'buy all the toilet paper. The flood was 'buy all the bleach,'" said Te Whetu Marama Henare-Winitana from E Tipu E Rea Tāraja Kōhanga Reo, situated on Shackleton Street. She waded through the waters at 6:00am Tuesday 10 to survey the scene. It wasn't good, with every section of their building being filled with knee deep water. It was deemed contaminated and unsafe. The bleach comment comes from their attempt to sterilise during clean-up. After a full dosing of disinfectant they were told they needed to use bleach that is ammonia-based instead. "Getting confirmation on what to do was difficult. There were so many agencies involved and knowing who can tell you the right thing was hard." They threw out all their wooden toys in case of absorption and ripped up their flooring. They have had builders and carpet layers on site and are "blown away" with how the community pulled together. "We had people who were just walking past see us cleaning up and come in and pick up a shovel or do whatever to help. We were

able to put all our stuff on the kerbside for collection which has saved us hundreds (of dollars)." All up they were closed for three weeks and re-opened on 30 November. They are happy to have their tamariki 'home'. "We know how our whānau are coping through their tamariki. People are so different with many being affected but not reaching out for help because they're polite or embarrassed or think others have it worse. We can assess who needs what if we see our tamariki."

Venables Avenue resident Kylee Stok found information easier to access than the Kōhanga. "Because it was a city-wide natural event we understood that our services would be under the pump, however the information that was provided via social media platforms was very informative, reassuring and comforting." Her household of two adults and four rangatahi split up on Tuesday, with the younger members heading to extended family while Kylee and her husband remained at home with their animals and no electricity. Like many accounts, her family's negative experience of the event was countered by community and kindness. "I will always remember the people who reached out and offered help in any way shape or form. I'm usually out there helping and rarely expect or ask for help myself but this time we needed it. I appreciate everyone that helped. We are very grateful and the feeling amongst our neighbours was we got you and you got us."

Welfare

The Covid response of the Tihei Mauri Ora hubs was lauded and they once again were activated to lead the waste collection, food parcel distribution and welfare checks. Spearheaded by Te Taiwhenua o te Whanganui a Orotū with key support from Te Kupenga Hauora - Ahuriri they brought community volunteers resources from the Salvation Army, Māori Wardens, Te Aratika Academy, Waiohiki Rangers, Te Kura Kaupapa o Te Whare Tapere o Takitimu, Dodge Contractors, Downers, Napier City Council and Hawke's Bay Regional Council to start the massive job of cleaning up.

Roopū a Iwi Trust (RAIT) pulled out their Covid database and began ringing vulnerable whānau to check in. Amongst soaked gear, cars not working and concerns about the safety of electrical goods, they found whānau incredibly grateful to hear from someone. These people were in some of the worst-affected areas with some wary of reaching out for help, concerned they wouldn't be able to come back to their homes. Being able to reassure people and point them in the right direction was satisfying. "RAIT is very grateful for its existing relationships because the coordinated approach we undertook with Te Kupenga Hauora - Ahuriri were immensely

beneficial for the community," said CEO Maureen Mua.

Napier City Council-owned Kennedy Park has been made available for those who have been displaced by the flood. Most of the 172 people who had to leave their homes due to water ingress, structural damage or land instability are being housed here, supported by a number of agencies and the Napier City Council Community Strategies Team. Numbers of people who self-evacuated to friends and family are still being determined. Some of those affected have no insurance and there will be increased pressure on our accommodation sector as we move into summertime, with their ability to house Napier citizens as well as cater for visitors. Mental health awareness reminders continue to be delivered in relation to the experiences of many. Homes made uninhabitable, round-the-clock work by city and customer services, upset, grief and uncertainty can all affect our mental wellbeing.

Welfare, health and accommodation will need to be an ongoing focus.



The briefing for volunteers and CDEM group members before they set out on checks in the community.

Looking forward

As we now move into recovery and transition, the Maraenui Rugby & Sports Association (MRSA) are looking forward with their eyes clearly set on their 40th anniversary next year. It is hoped that their clubrooms will be fixed in time for the events they have spent the last year planning.

Just prior to the flood they had had \$20,000 worth of new flooring installed. That along with all the wooden partitions and walls, ceilings, cupboards and a container full of sporting equipment and uniforms are now at the dump. "It's all been condemned and written off," said Club Administrator Paul Trass. "The building is pretty much a shell." They dug the hangi pit out with help from Unison after it was filled with wastewater and during the working bee found that the water had come up much higher than they thought. They have found their insurance company fantastic to deal with and are currently waiting on quotes for the work that needs to be done to make the building operational again.

Their successful working bee brought out the rugby community with other clubs and Hawke's Bay Magpie players coming together with the MRSA whānau to get the clubrooms ready for renovation. It was a great example of what can be achieved when people come together, getting most of the work done over just one weekend.

They doubt that work can start before

Christmas but are working as hard as they can to be open before the rugby season starts in March and their income takes further hits. "It really is wait-and-see at this stage, but it is great to have our 40th anniversary on the horizon, giving us even further motivation to get our clubrooms back up and running."

ABOUT A STATE OF EMERGENCY

Declaring a state of emergency involves coordination amongst a number of groups.

- National Emergency Management Agency (NEMA) Regional Emergency Management Advisor
- Other members of the Civil Defence Emergency Management (CDEM) Group
- Local Controller and Emergency Management Officers
- Local Authority Utility Managers
- New Zealand Police
- Fire and Emergency New Zealand
- Providers of health and disability services (e.g. District Health Boards, Primary Health Organisations, Ambulance Services)

The Civil Defence Emergency Management Act 2002 allows for a state of local emergency to be declared by a mayor or a person designated by the CDEM group. A state of local emergency provides access to powers that would not normally be available. Therefore, consideration should be given to whether emergency powers are required or likely to be required (e.g. the need to evacuate people from their homes).

Emergency means a situation that-:

- (a) is the result of any happening, whether natural or otherwise, including, without limitation, any explosion, earthquake, eruption, tsunami, land movement, flood, storm, tornado, cyclone, serious fire, leakage or spillage of any dangerous gas or substance, technological failure, infestation, plague, epidemic, failure of or disruption to an emergency service or a lifeline utility, or actual or imminent attack or warlike act; and
- (b) causes or may cause loss of life or injury or illness or distress or in any way endangers the safety of the public or property in New Zealand or any part of New Zealand; and
- (c) cannot be dealt with by emergency services, or otherwise requires a significant and coordinated response under this Act.

For more information visit https:// www.civildefence.govt.nz/assets/ Uploads/publications/Declarations/ Factsheet-declaring-states-of-localemergency.pdf



open as soon as possible with their 40th anniversary next year.

Styling course a beautiful way of learning





FOR Styling tutor Fleur Leighton and her Maraenui class a 17-week-long Styling course is about to end. Yet, for the majority of the students, this programme was just the

Eleven years ago, Fleur herself completed a Diploma in Beauty Therapy at EIT. She went on to work in the industry for many years before dedicating herself to teaching, which she finds extremely rewarding. Fleur explains that the styling programme is a taster course of hair and beauty. The students learn basic hands-on skills by styling themselves and trying out a range of products. But Fleur's teaching goes beyond beauty. "I incorporate a lot of self-love,

building relationships in class, setting goals for the future and empowering the students. I just want to spark the passion for learning and show that learning can be fun. I let my students lead the class and I guess they don't realise how much they are actually learning.

For student and mum-of-six Makaia Turipa, who recently moved from Wairoa to Napier, the course was a way to keep herself busy. "I had never touched makeup in my life so I just wanted to give it a go and I loved it." Makaia will go on to study cookery at EIT in Taradale next year, as she is driven to become a chef.

Oshay Matenga-Hura said she had some time on her hands so when she saw

advertising for the course on Facebook she registered immediately. "I was always interested in makeup and Fleur taught us many different techniques and skills which was great." Oshay is keen to study more once her youngest baby is a bit older and plans to one day start her own business.

Darian Leach started the course with her friend Sarah. Darian will have a baby next vear so she has chosen to defer follow-up studies. But she developed her passion and laid the foundations for a career in the beauty industry.

Student Sarah Ewart had completed a Food and Beverage qualification at EIT and worked in a range of jobs. Next July,

the mum-of-three will start a truck driving programme at EIT, so she wanted to bridge the time between now and the start of the truck driving course. "I'm so glad I did it. Fleur was amazing. She made learning so easy and I finally know how to put makeup on correctly and how to look after my skin." Sarah says that her goal is to push boundaries and buy a nice house.

The next intake for the Styling course (NZ Certificate in Foundation Skills) at the Maraenui Learning Centre starts in February. The course is free. Graduates of this course are well prepared to go on to further studies at EIT.



He Ngakau Hou - A New Heart - Maraenui's Communtiy Newspaper

COMMUNITY UPDATE



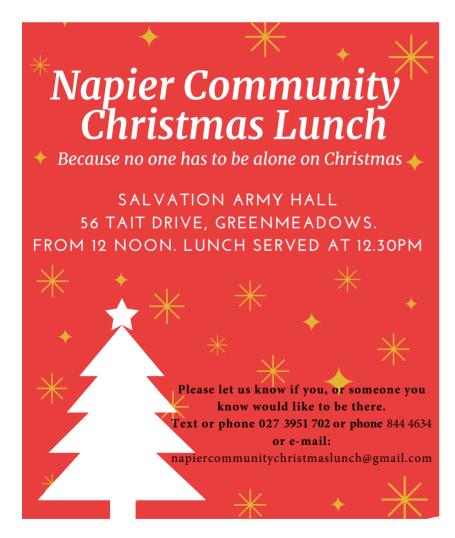
Te Pihinga Community Space

In October we shared the concept design for a new community facility in the heart of Maraenui. The design responds to the feedback and input we have received over a number of years and more recently from our recent engagement activities. The facility will support employment, training and entrepreneurship with a focus on rangatahi and whānau development.

It will also be a flexible space that will meet the changing needs of the community now and over time. We will take all the feedback and create a detailed design which we can then use to apply for funding. Council has allocated \$2.2 million to the project, and we're currently working on raising the rest.

In the meantime, we are working on getting the splash pad, car parking changes and reserve upgrade completed in the next 12 months.





Guests can either self-refer by contacting the Guest Coordinator, or they can be referred by a community organisation.

For self-referral people can phone 027 3951702 or 844 4634 or email us at napiercommunitychristmaslunch@gmail.com

If they require transport we need to know their address and phone number. If they come with children we names of the children also, plus their ages and sex (for appropriate Christmas gifts).

LOOK OUT FOR YOUR NEIGHBOUR



If you have an elderly neighbour, here's some tips to keep them safe!

- Introduce yourself
- Ask if they need help with tasks
- Swap phone numbers
- · Check on them in an emergency
- Check in if they don't open curtains, turn on lights or empty the mailbox.

Are you worried about your neighbour? Seek advice from Police or Age Concern.





 $oldsymbol{6}$ More than 20 years celebrating and injorming Maraenui and the wider community $^\circ$

Ngakau Hou - A New Heart - Maraenui's Community Newspaper 1 Merry Christmas - December 2020

He Ngakau Hou to cease publication



Maraenui Community Council Trust at their AGM in November. From left: Cr Api Tapine (trustee), Cr Maxine Boag (treasurer), founding member Jo Radley (secretary), Pete Findlay (trustee), John Chen (Chair). Absent – Pat Magill (trustee); Deceased – Minnie Ratima (trustee)

AFTER 21 years of publication, He Ngakau Hou has enough funding for only three more issues, meaning our last edition will be in June 2021

At the Maraenui Community Council Trust's (MCCT) Annual General Meeting on 19 November the trust (whose sole function now is supporting He Ngakau Hou) decided, reluctantly, that because they were unable to find the funds needed to keep the newspaper going - \$18,000 a year — they had no choice but to wind up the newspaper in June 2021.

For the last five years, He Ngakau Hou has kept going with donations from the estate of the late Helen Yensen and MCCT treasurer Maxine Boag, but without ongoing substantial funding, its production has become unsustainable.

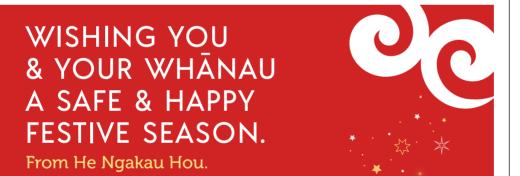
The 12-page quarterly newspaper, distributed free to over 14,000 households in Napier's Eastern suburbs, and available online, has for over 20 years told positive stories about Maraenui and its people to those in the suburb and the wider city.

"He Ngakau Hou was started in 1999 by a group including Jim Morunga to tell the stories of this special part of the city," said Maxine Boag, a former He Ngakau Hou Editor, MCCT treasurer, and now Ward Councillor.

"We will all be sad to see it go, but the trust has exhausted all available sources of funding and without an injection of a large lump sum of money, we have no option but to call it quits." MCCT does have sufficient funds to produce both the March and June 2021 issues but expect these to be the final editions of He Ngakau Hou.

Current editor Sally Crown has been at the helm for the last six years and is really sad to see He Ngakau Hou being wound up. "It's such a unique paper and amongst the inspirational stories I've been privileged to capture over my time with HNH I always think about the whakapapa of the paper. Learning about where it came from and why, crosses my mind each time I sign off on an edition." She hopes that people will look to other formats and given the prevalence of sharing information online, to try and spread good news about the community.

The trust intends to wind up in June 2021 and hand over any remaining funds to $T\bar{u}$ Tangata Maraenui Trust, which has a similar purpose.







The Pie Man in the shopping centre has sustained two attempted break-ins recently.

PIE MAN PUSHES ON

Sally Crown

THE Pie Man has become a bit of an institution in Maraenui after setting up shop just over three years ago in the shopping centre. Since then Roger Cathro, The Pie Man, and his family have been well involved in the Maraenui community. His two children had attended Henry Hill School before heading to intermediate, one of them did a rugby season with Maraenui Rugby & Sports and Roger is the current Vice-Chairperson of Tū Tangata Maraenui the local citizens' and residents' action group.

So it's not surprising to hear about the support and goodwill he has received following a couple of recent attempted break-ins, in October, or his feelings about them.

"When we decided to come here we purposely took a long lease and committed to taking the good with the bad. We knew about the area and knew what we were getting ourselves into," he says when reflecting on their move to Maraenui. "When we look at the number of bad things that have happened or stupid comments we receive it's less than 1%. We can't let that ruin it for the other 99%."

In both cases the incidents have been locals, with the shops CCTV cameras capturing the action and community assistance through Facebook helping to identify and resolve the issues. Roger has been able to speak with those involved and their families to try and understand what happened and how it might be avoided in the future.

"The first one came from a place of grief, while the second time a group of youngsters, bored and testing their freedom when their parents were looking to loosen the reins and give them some independence, went awry." Roger is quick to point out that those parents contacted him and he has real appreciation for rangatahi and what they go through. "Outside The Pie Man" is the unofficial office for Pat Magill while he does his work for the Napier Pilot City Trust and their focus on a Child Friendly City. Pat occupies the space with Roger's blessing as it's a kaupapa he whole-heartedly supports.

"I've had so many people come in, send messages and check up on us as a result of these couple of experiences. That sort of support is really good. It actually helps to keep us resilient and upbeat about being part of the community."



(Roger and Pat): Roger is committed to Maraenui with community stalwart Pat Magill using the dining area outside the shop as his unofficial office where he catches up with a number of residents and visitors on his Napier Pilot City Trust mahi (work).

Tautua a triumph



The Tautua graduates were celebrated at a graduation ceremony late November. From left to right: Anthony Talamoni Siumu, Evagelia Sione, Deneldacis Faumuina, Lana luta, Amanda Toleafoa, Maranatha Niue, Sara Iosua. (Absent: Malili Peletiso, Rapare Rapana, Jayden Watson-Waihi)

Sally Crown

"WHEN you stop learning, you stop living." These wise words were delivered by King's House Pastor La'u Faletutulu at the Tautua graduation on November 26. Tautua, a subsidiary of King's House Church, delivers the Level 3 employment preparation course for youth in partnership with the EIT Maraenui Learning Centre.

The graduation recognised the achievements of ten students who completed the programme in 2020, with very favourable results; seven are now in full time work and two are enrolled in further study. Emcee for the evening Rose Faia said, "Tautua is about providing sustainable employment and educational pathways for youth so that they reach their dream destination." The relationship with EIT is vital in assisting participants to grow and test their work-ready skills such as communication,

literacy and numeracy. EIT Maraenui Learning Centre Coordinator Vicky Truman was key to the students' success and shared that it is an effective way for their organisation to strengthen their ties with the Pasifika community - something that they are committed to continuing.

For some graduates, the occasion was very significant for their family, with their achievement being the first time anyone in their aiga (family) had engaged in learning outside of the school system. Tautua has given them all a taste of how further education can develop their youth and in turn, improve the prospects of their community. This, coupled with a year of uncertainty due to Covid made the night even more special, as one of the family members noted in their toast, "it makes tonight the most triumphant thing ever."

Posthumous Award for Maraenui's Minnie



The whānau of Minnie Ratima were out in force to see her bestowed a Napier Civic Award post-humously in recognition of her outstanding contributions to the Napier community.

IT was a bittersweet occasion for the proud whānau of the late Minnie (Michelle) Ratima who were out in force to receive the Napier Civic Award being bestowed on their mother, aunty, nan and sister at the ceremony on November 4.

Napier Civic Awards were introduced in 1977 and are awarded to people who have made outstanding contributions to the Napier community.

The late Minnie Ratima touched the lives of many families and individuals in Napier. Her involvement in so many aspects of the community was nothing short of astounding. The bio read out about her that evening captured her selfless and endless drive to support others and advocate for her community.

She was honoured alongside Margaret Atkins, June Graham and Gary Macdonald as 2020 recipients.

Te Kura Reo Rua o Maraenui Tamariki shine on stage at Te Ahurei Ngāti Kahungunu Primary Festival



On Monday 16 November our three kapa, Tēina (junior school), Waenga (middle school) and Tuakana (senior school), took to the stage at Te Ahurei Ngāti Kahungunu Primary Festival 2020. The four day festival saw more than 40 kapa from primary schools throughout our rohe perform at Te Kura Kaupapa Māori o Ngāti Kahungunu ki Heretaunga.

Our entire school participated across our three kapa with the last five weeks being a build up of frequent practices that moved to daily over the final fortnight. Our awesome kaiako managed to juggle fitting these in around all of our other school work. The deadline of the festival gave our rehearsals purpose and everyone knuckled down to learn their sets.

Each of our kapa prepared a whakaeke (entrance), waiata tira (choral song), waiata ā-ringa (action song), poi, haka and a whakawātea (exit) to finish with. Our Waenga kapa were especially lucky to learn and perform a number of original compositions by Whaea Stephanie Kea-Papuni who was one of our kaiako tutors. Our supportive whānau and staff who attended took lots of videos so that our tamariki were able to watch themselves back and feel pride in their beautiful performances. They really did shine on stage.

The highlight for our tamariki was performing for their whānau and audience that had gathered. It was an experience we were able to repeat on Wednesday 25 November, here at our kura, as a special showcase to our whānau and hapori.

The festival was rounded out on the Friday with Tama Turanga Ngāti Kahungunu Primary Schools Kapa Haka Regionals. This competitive portion sees kapa contest to represent Kahungunu at the national primary schools competition. Although we didn't have a group competing this year we have aspirations to see Maraenui represented, so watch this space!



Maraenui Bilingual School

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Spring clean shows community spirit



Sally Crown

TŪ Tangata Maraenui (TTM) have had a big year, which included spearheading a big clean. The community action group who has been instrumental in instigating traffic calming measures, improving accessibility around the shopping centre and advocating for tree pruning and street lighting in the suburb took on a new project this year, organising a spring clean event.

They applied for funding through the Te Puawaitanga: Green Communities Together Fund from Napier City Council. The fund was initiated as part of the Covid-19 recovery, in recognition of the increased interactions whānau were able to have out in the environment over lockdown. The intention was to try and encourage those interactions to continue while also promoting kaitiakitanga, caring for the land. TTM's Spring Clean ticked the boxes.

"We were hoping to achieve a sense of community spirit and help those who couldn't, clean up their properties and our suburb," says TTM Chairperson Barb Abbott.

After much planning and coordination the TTM Spring Clean took place on Monday September 28 with locals able to dump their rubbish at two central locations in Maraenui. One for general waste and the other for whiteware and electrical goods that needed to be disposed of separately.

The day was supported by Pak n Save, New Zealand Police, TTM committee and community members, who pulled together for a full-day of skip filling and dumping. They also arranged pick ups from properties and homes in Maraenui where residents were unable to bring their waste down themselves. "I was absolutely blown away by the people that helped. It was really really amazing. Better than we could have hoped for," added Barb.

Not only did they succeed in cleaning up, the event brought together a number of residents and neighbours that in some cases had not met each other before. Barb concludes, "It really opened my eyes. I thought, This is what it's all about. Bringing our community together."



Club and community stalwarts honoured with Unity Awards



Paul Trass receives his Unity Award in recognition of his service to our Napier community. Lorrianne Walsh from Maraenui was absent but also received a Unity Award.

PAUL Trass and Lorrianne Walsh were both honoured by the Napier Pilot City Trust as recipients of their Unity Awards this year.

Presented following the Child Friendly City Forum on November 20, the Unity Awards recognise those who have made an outstanding contribution by improving the quality of life for all Napier citizens.

Lorrianne was unable to attend but was recognised for her tireless contribution to the Maraenui Rugby & Sports Association, for her work as a Māori Warden and as a volunteer supporting rangatahi and whānau in the judicial system.

Paul's dedication to education, sport and youth development and his "going above and beyond" approach to his role as Maraenui Rugby & Sports administrator were celebrated.

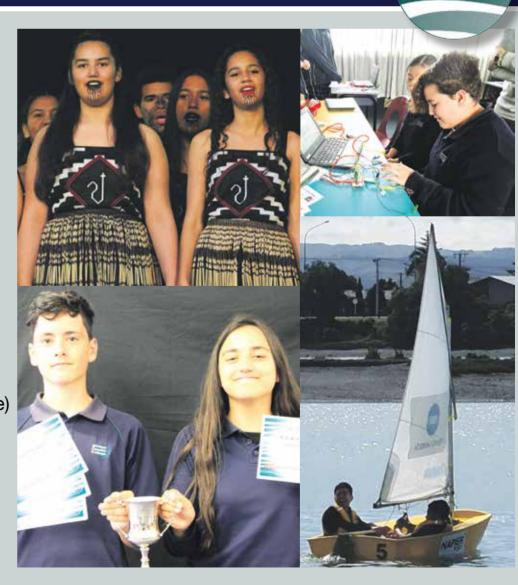
They were acknowledged alongside the other 2020 Unity Awards recipients; Craig Campbell, Dave Blackley, Glenis Bishop and Zach Makaore.

ENROLMENTS 2021 YEARS 7-13

WE ARE CURRENTLY TAKING ENROLMENTS FOR 2021

We offer:

- Quality education that ensures success for all learners
- · Individual chromebooks
- Huge variety of sports
- An environment that values tikanga of Ngāti Kahungunu
- Bus service from Clive, Westshore/ Bayview/Eskdale
- Year 9 Scholarships worth \$1,000 + a chromebook and chromebook case (forms available from the school office or school website)
- No subject or sports fees for Years 7 & 8
- Te Reo Māori nurtured in our environment
- Gender neutral uniform
- Free school lunches for all students provided by MÓN -Jackson's Artisan Foods



Kia Ora Corona captures 2020 vibe



WILLIAM Colenso College didn't let the year get the better of them, with their 2020 production prevailing over uncertainty and providing a clever way to capture the vibe of the year.

They created an original show, Kia Ora Corona, that was based around the experience of three New Zealand families and how they coped with the varying stages of lockdown. They looked to combine kiwi humour and experience while still addressing the seriousness of the pandemic.

The show started with Jacinda Ardern's announcement of going into Level 4 lockdown on March 25 2020 and led the audience through the upheavals of living through a time in our lives that will surely go down in history. It featured contemporary song and dance numbers and social commentary along with references to panic buying at supermarkets, Dr Ashley Bloomfield, crazed reporters, Donald Trump and Tiger King. Reminders of the time that was.

But the backbone to the show was gratitude, with the story reflecting on the importance of family and how our experience in Aotearoa compared to those in other countries. Music Teacher Janneke De Jong says, "We wanted to end our show with a reminder that what we have in New Zealand as a nation is special, that we did well as a people during this pandemic, and that what we need is to love one another in difficult times."



Maiden is on a pathway to greatness



Maiden Moa and her whānau celebrate her achievements at her Te Oranga Pūmanawa graduation.

Mel Toy

A young 16-year old's future looks bright after she makes the bold decision to turn her life around and strive for success. Maiden Moa (16), grew up in Maraenui and has not been engaged in the education system since she was 12 years of age.

Maiden was a young teenage girl who was going through the motions of life but not living up to her potential. She had been told multiple times by various people that she would never amount to anything in her life.

Not knowing where her life was heading but knowing she could not continue the same path, she enrolled in Te Oranga Pūmanawa programme to start a journey towards greatness. Te Oranga Pūmanawa is a youth leadership and employment programme delivered over 10 weeks on a Te Ao Māori platform. Te Oranga Pūmanawa fostered self-value, confidence and assisted Maiden to find the empowerment of her voice and actions.

It was here Maiden discovered her true self through learning her pepeha and where she came from. This gave her a strong sense of belonging and connection to her culture, whakapapa, and ancestors. Over the time of the course Maiden applied herself to all learnings and was able to start the process of healing direct and intergenerational trauma she was not aware was holding her back.

Maiden was committed and dedicated to making a change in her life to better her future. She thrived in the safe learning environment

and started to map and navigate her life vision. It was through a visit to EIT with her roopu that she realised her newfound passion for her Māori culture could take her further in life. Maiden endeavours to enrol at EIT in the new year to study Te Reo and Toihoukura-Māori art and design.

Maiden graduated from Te Oranga Pūmanawa in May after coming out of the nationwide lockdown, deciding to return as a tuakana in the following intake. Although she had learnt resilience and had overcome adversity through the online delivery of the course, she wanted to remain in the positive circle of influence to fill her kete further. During this time Maiden completed her first aid, health and safety and employment skills certificates to get her work-ready for the next goal in her action plan.

In June, Maiden successfully got a job at the local Burger King. This was a life changing moment of its own as she expressed, "I never thought I would ever have a job in my life". Maiden is loving her job and is proud of herself for taking that first daunting step towards a brighter future.

"Poipoia te kākano kia puawai - Nurture the seed and it will blossom"

Maiden has blossomed into a confident young lady on a pathway to greatness. She has clear goals and aspirations mapped out, the life skills and knowledge behind her to be successful in her future endeavours.



Richmond School Ambassadors have been meeting with inspiring leaders this year. Here they are in Mayor Kirsten Wise's office at Napier City Council.

He aha te kai ō te Rangatira? He Kōrero, he kōrero, he kōrero.

THE Richmond School Ambassador programme has been a success in its first year despite the challenges of 2020, giving future rangatira a chance to kōrero with local leaders. Ten senior students were selected to take part with senior teacher and mentor for the programme, Matua Steve Brock, explaining that the programme has been designed to, "better prepare our Rich kids to be ambassadors within our community by providing them with as many different opportunities as possible."

These include:

- Exposing students to a range of local and national leaders in our community.
- Students can identify common habits of success and focus on shared strengths and vision of successful leaders.
- Exposing students to work ethics and transferring those skills back into their learning.
- Providing students with opportunities to develop and demonstrate growth in hospitality, public performance of speech, song and haka while completing their role as Rich Ambassadors.

- Providing the students with an opportunity to develop connections with students at high school who are currently in leadership positions.
- Setting up community projects.
 This could involve spending time at kindergartens, rest homes in the community, cleaning up an area of litter.

This year participants have had a number of workshops with inspiring leaders in our community. They have met with Napier City Councillor Sally Crown, Napier Mayor Kirsten Wise, NZME The Hits breakfast show hosts Adam Green and Megan Banks, Hawke's Bay Today editor Craig Cooper, SoulPreneurs Carol Reid, MP for Napier Stuart Nash, Hawke's Bay Magpies and Olympian Emily Gaddum.

Matua Steve knows that with further community support they will be able to broaden the tamariki's horizons even further. "The motto for the Rich Ambassador programme is 'Strive for excellence in our quest to be the best'. If anyone would like to support us in this aspiration please get in touch."

sbrock@richmondnapier.school.nz



Teacher aide by day, Maraenui's Jennifer Simati is proud to represent her aiga and her heritage, as a member of Manusina, Samoa's national women's ruaby team.

Rugby star and role model: Jennifer Simati

RUGBY star Jennifer Levale Simati is a Maraenui local who grew up "in the hut." According to her, that is the area between the dairy and the petrol station in the heart of Maraenui. She arrived from Auckland as a one-year-old and was raised by her parents with three other siblings. She started playing rugby at the age of seven, as a student at Richmond School, but didn't play club rugby until she was 16, making her club debut for Napier Old Boys Marist. Now 23 she plays for Napier Tech, the Hawke's Bay Tui, and Manusina - the Samoan women's national team.

Her impressive rep rugby career has seen her participate in every Manusina campaign since the team was resurrected just over two years ago. With international forays into Oceania and Asia/ Pacific Tournaments playing as prop in Fiji and in Fiji-hosted competitions. She's tasted success with Manusina winning two out of three games and runner-up at the 2018 Oceania competition. With the success of winning the Asia/Pacific Champions in 2019 in April, Manusina were not able to qualify for the Rugby World Cup, coming runner's-up in the 2019 version to the Fijian team. With Tonga being ruled out of the Oceania tournament with measles in camp, and to give them an opportunity in fairness, this game was postponed until November 2020. This was the qualifying match to make the final repechage tournament to seek qualification for the final spot for the Women's Rugby World Cup 2021. The game was supposed to be played in Samoa, but due to Covid restrictions it took place in Auckland at the Trusts Arena with Manusina taking the win convincingly with a 40-0 scoreline.

Jennifer's aiga (family) are proud of her achievements. She lives with them and her siblings in the Onekawa area. She's the first member of their family to become an international representative.

Rugby is a way for Jennifer to give back. "Not being born in the islands, it's an honour to represent my own. Putting on the jersey is a highlight for me. It is something worth winning and fighting for on the field." She describes the way culture is acknowledged and upheld within the team environment. "Every night of our campaigns we have sessions where we come together to share scriptures, sing hymns, and pray together. A time where we share our Christian values. We pray before and after every training and our games too."

When not giving back on the rugby field Jennifer is giving back in her role as a teacher aide at William Colenso College. She supports Samoan students, their families, and the school by providing translation services and works with the school's Polyfest group too. "It's really important to give back to the kids. Be a good example and role model. Especially to those with goals to have a career in rugby or other sports. Showing them that it is achievable."

Girls ballin' at JumpBall4Fun



Maraenui Bilingual Kura Year 7 & 8 Girls Basketball team. From left; Te Hokairangi Olsen-Miller, Te Manawanuku Olsen-Miller, Rythm Aranui, Te Aniwa Tikitiki, Lucy Pomona & Cheyenne Christy-Smith were interviewed as part of the JumpBall4Fun event run by Swish Toki Basketball. They were joined by the Year 5 & 6 team from the kura at the all-girls event that saw girls' teams from across the region come together at the Hastings Sports Centre over the last weekend in November. It was supported by Sport Hawke's Bay, Kiwisport and the Black Heart Foundation with prizes sponsored by Kooga.



HOLIDAY DISTRIBUTION DATES.

The last distribution for 2020 in Napier will be Tuesday 22 December, 4-5pm.

The two day a week Napier service will start again for 2021 on Tuesday 12 January and Thursday 14 January 4-5pm both days.

T-ball building the next generation of Pumas



These juniors are keeping the Puma spirit alive as part of MRSA's T-ball team this season.

THE next generation of Pumas is coming through the ranks with two teams in this year's junior competition.

The T-ball crew (pictured) caters to the 7-9 year olds and plays at Tareha Park in Taradale every Saturday morning. The team is coached by Maraenui Rugby & Sports Club (MRSA) President Vicky Julian. "Softball

is a great sport. It helps our kids make friends, get outside and do something active, physical and helps keep them healthy," she says.

The 9-a-side game needs around 11 to be able to comfortably field a team and the club does what it can to reduce barriers to participation, with the code fundraising as a whole. "While some of our parents and caregivers prefer to pay cash we generally fundraise for all fees. We give them five



hangi tickets to sell each and that will quite often take care of registration and fees for the season."

There is a Little League for tamariki aged under 7-years for those interested. The club is happy to have more teams if there are enough players and coaches. The other team this season is the Under-13s who play

at Akina Park in Hastings weekly, holding down the Puma traditions with a number of intergenerational players.

If you would like your tamariki to get involved you can contact Vicky Julian on 021 248 6211 or the club administrator Paul Trass on admin@ maraenuisports.club or via the club Facebook page @Maraenui Rugby & Sports Association.

Images by Naomi Wereta Te Patu

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Te Kupenga Hauora - Ahuriri

To be the leading provider of Kaupapa Mãori-driven, evidence-based, Health and Social Services in the greater Hawke's Bay region.

If at first you don't succeed. KEEP GOING: Beyonce's Story

SOMETIMES, making real change means you've got to try more than once. Beyonce Shelford (19) has worked with Te Kupenga Hauora - Ahuriri for more than two years and during that time been supported by three different Youth Navigators. Owen Eagle is currently working alongside Beyonce and is incredibly proud of the progress she's made, especially her tenacity to keep at it when anxieties and obstacles were thrown her way.

Beyonce is a retail assistant at LIFT Social Enterprise's retail store. It was an opportunity that she really had to work for. The journey saw her struggle to make interviews, handle strained whānau and peer relationships and overcome her apprehensions to get the role. She's been there six months now and has never looked back. "It's like a new fam (family) here," she says.

She's achieved a number of milestones throughout the last six months. Becoming drug free, completing LIFT's Bounce Life-Skills course and getting her Learner's Licence have been stand out moments on her journey. She is adamant that Owen's influence has been paramount in her successes. "Other youth ask me about how I got my job and I always tell them it was through Owen. He pushed me in the right way. Instead of saying it was OK if I didn't want to try something he would persevere and suggest I try it anyway. He didn't take no for an answer."

Amongst talking to customers and keeping the shop looking ship shape Beyonce makes decorated rākau that are sold through the store. She has also set new goals to achieve, choosing to enrol in beauty therapy at a tertiary level. She's trying a fresh start somewhere else to ensure her environment supports her intentions to succeed. "I love my friends and family but I need to make sure I'm not pulled down and do what is right for me." Owen adds, "she's got so many challenges to overcome but she's in the right mindset now to tackle them head on."



LIFT Retail Assistant Beyonce Shelford credits the influence of Te Kupenga Hauora - Ahuriri's Youth Navigator Owen Eagle with helping her get on the path to success.

A HEADSS up on Rangatahi Mental Health



School Based Nurse Chris Drown uses the HEADSS method to help rangatahi open up and share.

RANGATAHI Mental Health. It's a kaupapa (topic) that School Based Nurse Chris Drown is always keeping his eye out for in our rangatahi, but even more pertinent given the recent experience of local flooding and the displacement of a number of whānau in our community having to dump their belongings or relocate from their homes.

Chris points out, "fear of the unknown and anxiety are very normal in these situations. You can't control what's happening around you. It can lead to real uneasiness for everyone, including rangatahi."

These feelings often go unspoken amongst our rangatahi but Chris has a simple but effective method he uses to build trust and identify how they are feeling within themselves. ~

HEADSS (with a couple of additional S's) stands for Home, Education and Employment, (Eating and exercise), Activities and peers, Drugs, Sexuality, Suicide and depression, Safety, Sprituality. The idea is that you ask rangatahi questions pertaining to each of these areas of their life. Each topic or area gives you the opportunity to dig a little deeper into

their experience and current situation providing insight and understanding.

"There are lots of questions that fit under each of these headings and it doesn't take long to get a sense of how someone is feeling. Or which areas you might want to spend a bit more time delving into. It's also a proven method of rapport building," says Chris.

Unfortunately, in rangatahi especially, studies show that they have to be asked directly to share particular concerns and feelings. "If you don't ask, they won't tell, explains Chris, however, the HEADSS method is not perceived by young people as nosey, but as really caring."

If you are struggling with your Mental Health text or phone 1737 for FREE support from a trained counsellor.

If you want to know more about Rangatahi Mental Health and the services available then visit https://www.healthnavigator.org.nz/healthy-living/m/mental-health-services-for-young-people/ and if you are concerned about someone make an appointment with your GP.



the support and service they provide to help whānau stop smoking. No matter which service whānau come to Te Kupenga Hauora - Ahuriri needing, stop smoking support can be delivered by all kaimahi.

STOP SMOKING SUPPORT - We Won't Leave You in the Lurch

TE Kupenga Hauora - Ahuriri's Stop Smoking service is part of a collective of regional stop smoking support available under the umbrella of Te Haa Matea. The programme starts with an initial four weeks but as Service Manager Janet Groube explains, "If it takes 12, 15 or 52 weeks we'll keep chipping along. We don't just leave them in the lurch."

The Te Kupenga Hauora - Ahuriri approach sees all of their kaimahi trained in being able to assess the whānau they work with for stop smoking support and the ability to deliver the programme, if they need it. This continuity of service is key to their success. "It makes sense for whoever is already working with whānau." Youth

Navigator Owen Eagle adds, "whoever has built that trust and has that relationship, to deliver another aspect of their needs."

Being in the home also means that kaimahi often identify other whānau members that want to quit and are able to assist them, even if that wasn't the initial reason for them connecting with the organisation.

Regular face to face catch ups, messages and Nicotine Replacement Therapy (NRT) are part of the mix of tools kaimahi use to help people quit. They have a core group of qualified Stop Smoking Practitioners on staff who can prescribe and administer NRT if whānau need them to break their addiction

and become smoke free. Another key component to success is focusing on whānau aspirations and goal settings. "I worked with one woman whose motivation was financial. But when we broke it down what she really wanted to do was take her whānau on a holiday. She found pictures of her goal destination and stuck them on her fridge so that every time she went to the fridge she'd be reminded of her goal. It's simple, but those things work," Janet concludes.

Do you or your whānau want to kick the habit? Get ready for a New Year and contact Te Kupenga Hauora - Ahuriri's Stop Smoking Practitioners on 06 835 1840.





Mythbusting: Keeping your Whānau Safe in the Sun

Ahuriri and Aotearoa are lucky to experience beautiful hot weather over the summer months but we all know that we need to take care to stay sunsmart, especially through raumati (summer).

Here are some common myths or mistakes people make this time of year:

I can't get sunburnt on a cloudy day.

FALSE. You can still get sunburnt on a cloudy day. UV radiation can get through light cloud cover, so unprotected skin can still be damaged.

I can't get sunburnt when I'm in or around the water. FALSE. Water offers minimal protection from UV

radiation. Reflection from water can increase your exposure to UV radiation.

I only need to be SunSmart if I'm going outside for a long time.

FALSE. It is possible to get sunburnt in a very short time. When UV levels are high, damage to fair skin can occur in as little as 11 or 12 minutes.

A baseball cap or visor gives me good sun protection.

FALSE. A baseball cap or visor does not protect your chin, ears or neck. Visors don't protect your scalp. A hat with a wide brim is the best hat to protect you from the sun.

Putting sunscreen on once in the morning means I'm protected all day.

FALSE. You need to reapply your sunscreen every two hours, as well as after swimming or sweating. Use all the SunSmart steps - Slip, Slop, Slap and Wrap.

I don't need to worry about sunburn as I have dark skin.

FALSE. New Zealand can have periods of very high UV radiation. Everyone, regardless of skin type and colour, is at risk of skin and eye damage.

Using a sunscreen with SPF50 means I can stay outside much longer than if I use a sunscreen with SPF15.

FALSE. A high-number SPF does not mean you can spend more time outside without reapplying your sunscreen. All sunscreens should be reapplied every two hours, as well



A wide brimmed hat like Cherie is wearing above, is the best type of hat to keep you and your whānau safe in the sun this

as after swimming or sweating.

REMINDER: Make sure you remember to slip, slop, slap and wrap like always! Slip into the shade, slop on sunscreen, slap on a T-shirt of cover up and wrap your karu (eyes) with some sunnies.

To be the leading provider of Kaupapa Māori-driven, evidence-based, Health and Social Services in the greater Hawke's Bay region.

All our Services are MOBILE and FREE. Call us on (06) 835 1840

All stories featured and additional information about our services can be found at www.tkh.org.nz

UPCOMING EVENTS

Wednesday 23: With the exception of our Youth Services, the office will close at 4pm and re-open on Tuesday 5 January 2021, 9am

Tuesday 5: Office re-opens (9am)

Monday 8: Waitangi Day (observed) - Office Closed Wednesday 17: Kahui Pakeke (10am to 2pm)

EAR, NOSE & THROAT (ENT) CLINIC: First Thursday of each month. Appointment required. Ring Ruth on 06 835 1840 RESPIRATORY CLINIC: Third Thursday of each month. Appointment required. Ring Ruth Wheatley on 06 835 1840 RANGATAHI CLINIC: Every Monday from 3pm - 5pm. Appoinment required. Ring Kath Allen on 06 835 1840 CERVICAL SMEAR: First Monday of each month from 1pm - 3pm. Appointment required. Ring Kath Allen on 06 835 1840

How we can help YOU and YOUR whanau

We offer a range of health and social services for the betterment of our community. We are mobile and can come to you if needed and don't forget that these services are <u>FREE</u>. Contact us on (06) 835 1840 or visit <u>www.tkh.org.nz</u> for more information. As well as our usual services, we can offer you specialist care at our Ear, Nose and Throat Clinic.

- Breast & Cervical Screening (Support to Services) Emergency Housing (via Referral from WINZ)
- Family Start

- Kia Ora Programme (My Health Begins with Me) Kia Piki Te Ora (Suicide
- Own It, Live It, Be the Leader of Your Life
- School-Based Nursing Social Worker in Schools Stop Smoking Service
 - Whānau Ora Youth Services